

**GB Vegan Carrot Ginger Soup**  
**8 oz**

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	8 oz (225g)
<b>Amount per serving</b>	
<b>Calories</b>	<b>140</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 6g	<b>31%</b>
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1.5g	
<b>Cholesterol</b> less than 5 millig	<b>1%</b>
<b>Sodium</b> 500mg	<b>22%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 3g	<b>10%</b>
Total Sugars 4g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 45mg	4%
Iron 1mg	8%
Potassium 310mg	8%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**INGREDIENTS:** Water, Jumbo Carrot, Cnd Coconut Milk (Coconut Milk and Water), Yellow Onion, Celery, Peeled Garlic, Grapeseed Oil, Vegetable Soup Base, Lemon Juice, Ginger, Coarse Kosher Salt (Salt; Yellow Prussiate of Soda.), Crushed Red Pepper, Ground Coriander, Fresh Thyme, Ground Black Pepper, Bay Leaf.