

Spanish Rice
4 oz

Nutrition Facts	
1 servings per container	
Serving size	4 oz (115g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 6g	8 %
Saturated Fat 1g	5 %
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 3.5g	
Cholesterol less than 5 millig	1 %
Sodium 330mg	15 %
Total Carbohydrate 21g	8 %
Dietary Fiber 1g	5 %
Total Sugars 2g	
Includes 0g Added Sugars	0 %
Protein 3g	
Vitamin D 0mcg	0%
Calcium 25mg	2%
Iron 1mg	8%
Potassium 130mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Spanish Rice (ENRICHED LONG GRAIN PARBOILED RICE [LONG GRAIN RICE; IRON (FERRIC ORTHOPHOSPHATE); THIAMIN (THIAMINE MONONITRATE); FOLATE (FOLIC ACID)]; VEGETABLES* (TOMATO; GREEN BELL PEPPER); MALTODEXTRIN; SUGAR; SALT; POTASSIUM CHLORIDE; HYDROLYZED SOY PROTEIN; SPICES; YEAST EXTRACT; GARLIC POWDER; ONION POWDER; CITRIC ACID; xanthan gum.
*DRIED.),
75/25 Blend Olive Oil (75% Soybean Oil; 25% Olive Pomace Oil),
Water.

Contains: Soy Allergen