

Harissa Chicken

Nutrition Facts	
1 servings per container	
Serving size	8oz (225g)
Amount per serving	
Calories	270
% Daily Value*	
Total Fat 7g	8%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 2.5g	
Cholesterol 120mg	41%
Sodium 1020mg	45%
Total Carbohydrate 11g	4%
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 43g	
Vitamin D 0mcg	0%
Calcium 60mg	6%
Iron 2mg	10%
Potassium 500mg	10%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: 4 oz Boneless Skinless Chicken Breast (Chicken Tenderloins Clipped), Cnd Diced Tomatoes in Juice (Vine Ripened Tomatoes; Tomato Juice; Sea Salt; Calcium Chloride; Citric Acid.), Cnd Garbanzo Beans (PREPARED GARBANZO BEANS; WATER; SALT; CALCIUM CHLORIDE (FIRMING AGENT); DISODIUM EDTA FOR COLOR RETENTION), Yellow Onion, Peeled Garlic, Fresh Parsley, Moroccan Harissa Herb Paste, Coarse Kosher Salt (Salt; Yellow Prussiate of Soda.), Pepper Chili Flakes, Whole Oregano, Ground Black Pepper.