

Appendix 2: Pictures of the organization's projects

1) Black Mesa Water Coaliton



Youth working on the fields.¹⁸⁷

2) Sunrise School for Ecological Living



Sunrise School for Ecological Living Greenhouse, Jan. 2013.¹⁸⁸

¹⁸⁷ Photo from Black Mesa Water Coalition's Facebook Page,
<https://www.facebook.com/photo.php?fbid=409642732416696&set=a.409641969083439.82866.189708081076830&type=3&theater>

¹⁸⁸ Photo by Margeau Valteau. Jan. 2013.



Picture from inside Sunrise greenhouse, Jan. 2013.¹⁸⁹

¹⁸⁹ Ibid.

3) STAR School¹⁹⁰



Indoor gardening inside the Administration building at STAR School



Garden (winter season) at STAR School

¹⁹⁰ Ibid., Jan. 10

Appendix 3: Interview Questions

Name:

Title:

Organizational Affiliation:

How does your program provide food security for people on the Navajo Nation?

Who benefits from your program?

How many people benefit from your program?

What kind of food does your program provide?

Where does the food from your program come from? How is it distributed?

How does your program help improve the overall health of the Navajo people?

Does your program provided any educational material/curriculum to encourage healthy eating?

How is your program accessible to people who have difficulty obtaining food (transportation issues, etc.)?

What resources (land, water, gasoline, distribution costs, etc.) are required for your program to provide food access?

How is your program funded?

Are there any limitations to your program?

Does your program consider any environmental impacts?

Does your program, in any way, encourage Navajo people to preserve their cultural traditions?

Does your program incorporate or encourage any traditional Navajo food practices or provide foods considered traditional to the Navajo?

Does your program obtain feedback from your clients?

What is the goal of your program? Do you want to improve your program? What do you want your program to look like in the next 10 years?

How does the your program recruit participants?

Internal Governance

A Document for the

Navajo Nation President's Food Policy Council

I. Name, Location and Current Status

The full name of the Policy Council is **Navajo Nation Food Policy Council** (Policy Council). The address of the **Policy Council** is Navajo Nation Office of the President, Window Rock, AZ 86515.

The **Policy Council** is an unincorporated association created under the auspices of the Office of the President of the Navajo Nation of people who have come together around common interests and beliefs about the food and agricultural systems. It does not have a formal incorporation but does, by the creation of this document, recognize the need for rules and guidelines of its internal governance.

The **Policy Council** adheres to: its mission statement and preamble; goals and principles; articulations of its role in the food and agricultural systems, and in the conduct of all of its activities and endeavors, to generally recognized educational and charitable purposes. In its formation, current and anticipated activities, the **Policy Council** acts, and intends to act, in compliance with the requirements of the Navajo Nation in all matters associated with its conduct of activities.

II. Preamble

The Navajo Nation President's Food Policy Council is an organization composed of groups and individuals working on issues arising from the food and agriculture systems existing in the Navajo Nation. The Policy Council will perform its work and activities in a collaborative manner. It will bring forward to the public eye a discussion of these issues for more comprehensive examination. It intends to educate and inform the public, those directly affected by food and agriculture programs, and public and legislative decision-makers about selected policy issues, openly arrived at by deliberations of its members. It will advocate for these policy issues in a variety of forums and will develop and disseminate viable policy recommendations and alternatives.

III. Outline of this Document

Besides providing a statement of the **Policy Council's** preamble, purposes, goals and guiding principles in the following sections, this document outlines two basic areas of governance.

1. The process by which advocacy issues are considered, discussed, reviewed and adopted by the membership, and then approved by the governing board, becoming selected and

designated Policy Issues for the work and activities of the **Policy Council** in the various forums where policy consideration of the food and agricultural systems are made.

2. The providing of reasonable rules and guidelines for the internal governance of the **Policy Council** covering, among a number of topics, the full **Policy Council** membership, the governing board, the committee structure including issue group committees and standing committees, and the other miscellaneous rules deemed necessary for the current functioning of the **Policy Council**.

IV. Vision, Purpose and Goals

The vision, purpose and goals of the Navajo Nation President's Food Policy Council shall be the following:

Vision:

1) Focus on key food and agriculture policy issues and opportunities that are affected by government and legislation, 2) address top policy issues as priorities when set forth by the Council, and 3) strengthen advocacy among agencies, organization, individuals and communities for Navajo Nation food and agriculture.

Purposes:

The Navajo Nation President's Food Policy Council was initiated to:

- Broaden the discussion of issues to examine more comprehensively Navajo Nation food and agriculture systems and how Navajo Nation, federal, state and local government and public bodies shape the food system
- Create a forum by which people and the public in conjunction with institutions involved in food and agricultural systems, including government, can meet to learn more about what each one does and consider how their actions impact other parts of the systems.
- Strive to balance a safe, nutritious, affordable and adequate food supply for all Navajo citizens that will prevent food insecurity and hunger.
- Strive for fair food and agricultural systems that supports the needs of producers and consumers economically, culturally, environmentally and socially
- Focus on food access, production, distribution, and consumption issues.
- Advocate for selected food and agricultural policy issues in various forums and venues.

Goals:

The Navajo Nation President's Food Policy Council has as its initial goals:

- Develop, coordinate and implement a food system policy linking economic development, social and environmental impacts with farming, ranching and issues relevant to life in the Navajo Nation.
- Review and comment on proposed legislation and regulations that have an impact on food and agricultural systems and their security.

- Make recommendations to the executive and legislative branches of the Navajo Nation government on food and agriculture policy.
- Develop local farmers' markets, support the maintaining of local food production and enable local purchasing of Navajo Nation farmers' produce and products as a way to increase the agricultural economy and local food production
- Establish an on-going educational program and projects for the public about food and agricultural systems based upon accurate facts and reliable reports and analyses
- Promote the viability of local farming and ranching and the retention and recruitment of small farmers and ranchers in the Navajo Nation.
- Be aware of and work to prevent food insecurity for families and children in the Navajo Nation
- Develop and support greater access for citizens of the Navajo Nation who are in need of nutritious foods at reasonable prices, in both rural and urban communities, and to be sensitive to cultural and traditional food preferences.
- Educate farmers, processors, and consumers regarding safe food production, handling, and preparation.
- Educate about and promote stewardship and conservation of land and resources

V. Principles

In keeping with our vision and purpose, we recognize and support the following principles:

1. "Asset-Based": Focusing on assets of a diverse group of people, organizations and agencies rather than problems and liabilities ultimately provides a better return on invested time and resources by the Policy Council.
2. "Community –Based Partnerships": Projects, programs and the policies that guide them are most vital and responsive when they are rooted in local communities. When partnerships among individuals, organizations and government agencies are formed around a policy issue at the local or regional level, people and members are more invested and committed.
3. "Conflict Resolution": Conflict is a predictable result of collaboration and provides positive benefits when it is cooperatively resolved.
4. "Consensus and Decision Making": Decisions will be made by consensus and reaching unity whenever possible. Unity does not necessarily require unanimity. It requires that all present avoid obstruction in a common search for agreement and has the great advantage of not leaving behind an unhappy minority.
5. "Diversity": Diverse groups, agencies, organizations and the Executive Branch, viewpoints and constituencies provide the greatest potential for sharing, learning, and developing policies that benefit our food system; enhance our local economies, honor our social integrity, and value our environment and its resources.
6. "Full Disclosure, Accountability, and Transparency": Open and honest sharing of information; analysis that looks with a critical eye into systemic issues developed with accuracy, clarity and accessibility; and, that will generate the most opportunity for both individuals and the community as a whole.
7. "Participation and Decision Making": Values the contributions of all that choose to commit to participation in the goals and purposes of the Council. Develop procedures to

encourage community participation in the education, deliberation and decision making processes. Democratic ethics are at the base of decision making.

VI. The Process of Policy Issue Deliberation, Development and Selection

The **Policy Council** makes a distinction and identifies three primary roles: (1) the advocacy before pertinent forums and venues on issues, and the consideration of policy alternatives, that arise from the workings of the food and agriculture systems, (2) to gather and glean, through a process of open discussion, review and analysis, from its membership and other credible sources, the selection of issues for advocacy, and (3) educate the Council and the general public about food and agriculture issues.

1. The first step in the process is assembling the full **Policy Council** membership at four quarterly meetings annually. At these meetings all members are encouraged to bring issues for consideration that speak to their concerns and problems they perceive within the food and agricultural systems and that fall generally within the contours of the **Policy Council** enunciated preamble, vision, purposes and goals, and principles. These quarterly meetings will be conducted openly and democratically with an emphasis on robust debate and an opportunity to hear all concerns and perceived problems that can reasonably and proportionately be heard within the constraints of time and practicality. Members, in their discussions, will winnow out the concerns, focusing on those that seem to significantly affect the food and agricultural systems. During the Council considerations over the year, discussions will become more directed and attempt to define more clearly the emerging advocacy issues.

2. Those advocacy issues that arise from the members' discussion and receive support by a flexible consensus will then be referred to one of the **issue committees**. These referrals and consequent committee deliberations constitute the second step in the process. Several such committees will be created and maintained as needed including **health, food security, environment and stewardship, retention and recruitment of small farmers and ranchers, Navajo Nation governmental roles and cultural issues**. These are not exclusive or vested forever; other issue committees could be formed if the **Policy Council** membership or **Governing Board** sees a clear need.

As indicated, **issue committees** are established to further the articulation and development of policy issues for which the **Policy Council**, on an annual basis, will support, adopt and advocate. Each committee is formed around various topics and concerns and directs its work toward vetting and molding the issues identified through more analysis and deliberations. Throughout the year, these various **issue committees** should meet and perform their respective work on the assigned policy issue or issues.

3. At points to be determined by the **Policy Council** the various **issue committees** will send their recommended policy issues to a separate committee called the **Policy Committee**. This is a standing committee appointed by the **Governing Board**. It is composed of members and other invited participants with a broad understanding of the food and agricultural systems who are well versed in these systems' operations and effects upon the public. The **policy**

committee will be responsible for understanding the legislative process and the workings of administrative and educational agencies in Navajo Nation. Its members will to share their expertise in an unbiased manner, help develop the language and articulation that support the intent of proposed policy issues and point out any ramifications that the policy issues might have. Furthermore, it is anticipated that the **policy committee** will mentor the respective **issue committees** in the development of the policy issues. The **policy committee** will work on potential legislative priorities to prepare for and respond to potential Navajo Nation Council hearings and Navajo Nation Division administrative meetings. It is preferable that **policy committee** members participate in specific **issues committees** to have a good understanding of the issues (see below).

4. Once reviewed and developed as described above, the policy issues are taken before the full **Policy Council** membership in anticipation of the upcoming Navajo Nation Council Sessions and meetings of Navajo Nation Divisions. The attending members will review and adopt selected policy issues based upon the work and recommendations of the **issue committees** and the **policy committee**. As priority issues arise, there will be additional opportunities to bring issues to the Council and committee work.

5. The next step in the process is submission of the selected policy issues to the **Governing Board** for its approval and for which the advocacy efforts will be made. The **Governing Board** will approve these selected policy issues presented to it from the deliberations of the committees if they conform with the vision, purposes and goals of the **Policy Council**. If the **Governing Board** questions and does not approve a presented policy issue, it must do so by unanimous vote. It must then formally request the **policy committee** to reconsider the issue's efficacy. Upon its reconsideration, the **policy committee** will decide whether the questioned policy issue does or does not go forward for advocacy. The **policy committee's** decision will be final.

6. The **Governing Board**, at its discretion and considering the recommendations of the Policy Council's coordinator, may appoint a **Navajo Nation Council Session Team**. This Team may include members of the **policy committee** as they will have the greatest knowledge of the legislative issues. Its members will be charged with the advocacy of the **Policy Council's** selected and designated policy issues before the Navajo Nation Council or before other relevant Navajo Nation administrative agencies. The Navajo Nation Council Session Team is encouraged to partner/advocate with and build relationships with other legislative groups involved in guiding legislation.

The Chair of the **Governing Board** and the Navajo Nation Council Session Team have the authority to act on behalf of the **Policy Council** to make decisions, by consensus, on immediate and/or reactive legislative issues that occur immediately before and during the Council session.

VII. Internal Governance

a. Council Membership

The membership of the **Policy Council** is selected by the President of the Navajo Nation from private organizations and providers, public and governmental agencies, tribal entities, groupings of people who have come together around common interests and beliefs about the food and agricultural systems and individuals including those who are recipients of various food and agricultural benefit programs. The **Policy Council** will include representation as needed from agriculture, health, human and social services, food related businesses and organizations, environment, education, economics, nutrition, transportation, and legal, such as but not limited to regional associations, land and water organizations, agriculture commodity organizations, small scale food industries and distributors, local farmers markets, grocers, cooperatives, restaurants, schools, recipients of food and agricultural programs and consumers.

This recitation of the sources of potential members is not exhaustive. All groupings are considered equal in the deliberations of the **Policy Council**. Membership will be open to individuals and their contributions. Individual members may be designated by their group or organization to represent them in the deliberations of the **Policy Council** if a group is invited to participate by the President of the Navajo Nation.

Members are expected to participate in the work of the **Policy Council** and its committees. Members, by attending and deliberating at the meetings and gatherings, agree in good faith to participate and act in accordance with the **Policy Council's** preamble, goals and purposes and principles, or, through the deliberative process, in an open manner, to alter and amend them as circumstances necessitate.

All members shall sign an authorization form provided by the Council, either as an individual, organization or as an agency. Membership can be withdrawn at any time by the President of the Navajo Nation.

b. Meetings and Gatherings

Annual Meeting: The annual meeting for the **Policy Council** and election of the **Governing Board** will be held at the first month of the calendar year at a time, date and place designated by the **Governing Board**. This meeting will include all **Policy Council's** members who are participating in the **Council's** work. Participation includes actively contributing to committee work, making one's views known during deliberations and discussion and generally any good faith work done for the **Policy Council**. Three subsequent quarterly meetings will focus on new issue items (as stated in Section IV.1) and to select policy issues for advocacy. Additional important issues may be brought to meetings as they arise. Ample notice of any additional priorities must be given to the Council with a minimum of two weeks prior to next scheduled Council meeting.

Governing Board and Committee Meetings: Regular meetings of the Committees and **Governing Board** will be held in conjunction with overall quarterly **Policy Council** meetings in a manner determined by the Committees and the **Governing Board**.

Notice: Notice of each meeting of the **Governing Board** must be given to each member not less than five (5) or more than twenty (20) days prior to the day on which the meeting is to be held.

Quorum for Governing Board: The presence at any meeting of a majority of the **Governing Board** will be necessary and sufficient to constitute a quorum for the transaction of business. Proxy voting is prohibited.

Annual Report: The **Governing Board** will present at each annual meeting a report of the **Policy Council's** activities during the proceeding year.

Conduct of Meetings: All meetings of the **Governing Board** will be conducted in accordance with acceptable parliamentary procedure and will follow the principals as set forth under Section V.

c. Rights and Responsibilities

The rights of members are to:

1. Create new and innovative ideas and plans for the food and agricultural systems and support the advocacy of those selected policy issues as described above in Section VI.
2. Be present and vote for the members of the **Governing Board** at the annual meeting.
3. Help to maintain the direction, purposes and goals, functions and responsibilities of the **Policy Council** through participation in the committee structure and deliberations.

d. Benefits of Membership

1. **Policy Council** members benefit from the opportunity to work with a broad based grouping of individuals, agencies and organizations centered on food and agriculture issues;
2. Members will glean a greater understanding of food and agriculture systems from working together on issues; and,
3. By working together there is a greater likelihood that food and agriculture issues that are important to **Policy Council** members will get the needed recognition, support and reform from relevant decision makers and institutions.

e. Committee Structure

Committees perform the majority of the **Policy Council**'s work, directions and recommended action, including molding and selection of policy issues for advocacy. The council membership will establish the issue committees (as described in Section VI) and standing committees. As circumstances arise, the council membership can alter, change or drop committees. Currently, the standing committees are the following:

Meeting: plans and conducts the quarterly membership meetings and gatherings in the course of the years; facilitates the location, logistics, elections and issue policy deliberations.

Membership: Under the direction of the President of the Navajo Nation invites new organizations, groups and individuals to participate as members; as the need arise, verifies membership for the meetings.

Finance: with the assistance of staff, raises funds for the work of the **Policy Council**, develops a budget for consideration and approval of the governing board and oversees the financial condition of the **Policy Council**.

Policy: See description under Section VI., paragraph 3.

Council Session Team: See description under Section VI., paragraph 6.

f. Governing Board

Number and Classes of Governing Board members: The Governing Board will consist of a broad representation from the Policy Council. There will be two classes; voting members and non-voting ex-officios. The full Board will consist of up to five (5) voting members and up to five (5) non-voting ex-officios. Voting members will be either individual **Policy Council** members or those members who represent private, non-governmental organizations, groups or industry associations. Non-Voting Ex-Officios will consist of representatives from governmental agencies and organizations. The latter will educate, advise, and participate equally in all decisions other than to vote. At the request of voting members of the **Governing Board** with the approval of the President of the Navajo Nation, non-voting ex-officios will be asked to serve on the **Governing Board**.

The **Governing Board** will be elected by the **Policy Council** membership at an annual meeting. The **Governing Board** will be elected for a one (1) year term. There is no limit on number of terms served.

Governing Board Members Responsibilities: The activities, affairs and property of the **Policy Council** will be managed and directed by the **Governing Board** except for the provisions and roles of the Council membership and Committees as otherwise directed in this document.

The **Governing Board** will be responsible for:

1. setting the guidelines and rules of deliberation and discussions;
2. making sure that the processes of the **Policy Council** are fair and followed;
3. the fiscal oversight of the **Policy Council**;
4. review of the legislative and policy issues selected in accordance to Section VI; and,
5. appointing the Council Session Team and working with it during the Council Session

The **Governing Board** or its authorized designee(s) will speak on behalf of the **Policy Council** and its issues. No one member has the authority to speak for the **Policy Council**.

Officers: Officers will consist of a Chair, Vice Chair, Secretary, and Treasurer.

Resignations: Any **Governing Board** member may resign at any time by delivering a written resignation to the chair.

Removal: Any **Governing Board** member may be removed at any time for cause. Notice of proposed removal shall be sent to the subject **Governing Board** member and the member will have the right to be heard at a special meeting called by the chair. Missing three (3) consecutive meetings without informing the Chair is considered cause. The President of the Navajo Nation will retain final approval on any removal.

Vacancies: Vacancies, whether caused by death, illness, resignation or removal will be filled for remainder of the term by a **Policy Council** participant who will be voted on by a majority vote of the remaining **Governing Board**.

VIII. Miscellaneous Rules

Fiscal Year: The fiscal year of the **Policy Council** will be determined from time to time by resolution of the **Governing Board**.

Deposits, Checks, Loans, Contracts:

Deposit of Funds: All funds of the **Policy Council** will be deposited in such banks, trust companies, or other reliable depositories as the **Governing Board** may from time to time determine. The President of the Navajo Nation may designate a non-profit third party organization to act as fiscal agent for the **Policy Council**.

Loans: No loans or advances shall be contracted on behalf of the **Policy Council** and no note or other evidence of indebtedness will be issued in its name, unless accepted and authorized by the **Governing Board**.

Contracts: Any officer authorized by the **Governing Board** may, in the name and on behalf of the Council, enter into those contracts or execute and deliver those instruments that are authorized by the **Governing Board**. Any authorization may be general or confined to specific

instances. Without such authorization from the **Governing Board**, no officers or other agent of the corporation may enter into any contract or execute and deliver any instrument in the name and on behalf of the **Policy Council**. The President of the Navajo Nation retains final approval on any contracts issued in the name of the **Policy Council**.

Record of Accounting: The **Policy Council** will keep books and records of accounting and will keep minutes of the proceedings of all its meetings and meeting of its committees. It will also keep a record of the names and addresses of all members of the **Policy Council**. The President of the Navajo Nation may designate a non-profit third party organization to act as fiscal agent for the **Policy Council** and to maintain all account records for the **Policy Council**.

All books and records of the **Policy Council** may be inspected by any member of the **Policy Council** or member of the **Governing Board** or his/her agent or attorney for any proper purposes at any responsible and reasonable time.

IX. Amendments to Internal Governance Document

This Internal Governance document may be amended, altered, changed, added to or repealed by the affirmative vote of a two-thirds (2/3) majority of the members of the Policy Council at any regular or special meeting of the voting members of the Policy Board if the notice of the proposed change, amendment, alteration, addition or repeal is contained in the notice of the meeting at least five (5) days prior to such meeting. The Navajo Nation President retains the right of final approval on all changes to this internal governance document.

ADOPTION OF DOCUMENT

This Internal Governance document of the **Navajo Nation Food Policy Council** was discussed, amended and approved in all essential provisions by the members of the **Policy Council** present at the meeting held on the _____.

This Internal Governance document was reviewed and approved for compliance with the amendments from the **Policy Council** on this _____.

Chair, Governing Board

Navajo Nation President

USDA FOODS AVAILABLE FOR 2013*
Food Distribution Program on Indian Reservations (FDP/IR)

WBSCM Code	Product	Pack Size	WBSCM Code	Product	Pack Size
VEGETABLES**					
110020	Beans Black Can - 24/300	24/15.5 oz cans	100893	Apple Juice Btl - 8/64 fl oz	8/64 oz bottle
100306	Beans Green Can - 24/300	24/15.5 oz cans	100899	Cranberry Apple Juice Pst Btl - 8/64 fl oz	8/64 oz bottle
100372	Beans Light Red Kidney Can - 24/300	24/15.5 oz cans	100895	Grape Concord Juice Pst Btl - 8/64 fl oz	8/64 oz bottle
110021	Beans Pinto Can - 24/300	24/15.5 oz cans	100896	Grapefruit Juice Pst Btl - 8.64 fl oz	8/64 oz bottle
100361	Beans Refried Can - 24/300	24/15.5 oz cans	100897	Orange Juice Pst Btl - 8/64 fl oz	8/64 oz bottle
100363	Beans Vegetarian Can - 24/300	24/15.5 oz cans	100898	Tomato Juice Pst Btl - 8/64 fl oz	8/64 oz bottle
100308	Carrots Can - 24/300	24/15.5 oz cans	FRUITS		
100310	Corn Cream Style Can - 24/300	24/15.5 oz cans	100207	Applesauce Can - 24/300	24/15.5 oz cans
100311	Corn Whole Kernel Can - 24/300	24/15.5 oz cans	100210	Apricot Halves Can - 24/30	24/15.5 oz cans
110263	Corn Whole Kernel Low Sod Can - 24/300	24/15.5 oz cans	100211	Mixed Fruit Can - 24/300	24/15.5 oz cans
100904	Hominy Can - 24/300	24/15.5 oz cans	100218	Peaches Cling Slices Can - 24/300	24/15.5 oz cans
100314	Peas Can - 24/300	12/1 lb pkg	100223	Pears Can - 2/4300	24/1# pkg
100337	Potatoes Dehydrated Flks Pkg - 12/1 lb pkg	12/1 lb pkg	100290	Plums Pitted Dried Pkg - 24/1 lb	24/15 oz pkg
100331	Potatoes Whit Slices Can - 24/300	24/10.5 cans	100295	Raisins Pkg - 24/15 oz	24/1 lb. pkg
100322	Soup Tomato Can - 24/1	24/10.5 cans	100297	Fruit and Nut Mix Dried Pkg-24/1 lb.	24/1 lb. pkg
100321	Soup Vegetable Can - 24/1	12/22 oz cartons	MEATS		
110163	Soup Crm of Chicken RDU Sod Ctn-12/22 oz	12/22 oz cartons	100127	Beef Can - 24/24 oz	24/24 oz cans
110164	Soup Crm of Mushrm RDU Sod Ctn-12/22 oz	12/22 oz cartons	100159	Beef Fine Ground Frz Pkg - 40/1 lb	40/1 lb packages
100335	Spaghetti Sauce Meatless Can - 24/300	24/15.5 oz cans	100156	Beef Roast Round Frz Ctn - 38-42 lb	20/2# carton
100323	Spinach Can - 24/300	24/15.5 oz cans	100526	Beef Stew Can - 24/24 oz	24/24 oz cans
100316	Sweet Potatoes Can - 24/300	24/15.5 oz cans	100094	Chicken Boned Can - 48/12.5 oz	48/12.5 oz cans
100328	Tomato Diced Can - 24/300	24/15.5 oz cans	110154	Chicken Consumer Split Breast Pkg-6/5 lb***	6/5# packages
110262	Tomato Diced Low Sod Can-24/300	24/15.5 oz cans	100880	Chicken Whole Bagged Frz Ctn-36-43 lb***	10/4# packages
100333	Tomato Sauce Can - 24/300	24/15.5 oz cans	100198	Salmon Pink Can - 24/14.75 oz	24/14.75 oz can
100320	Veg Mix Can - 24/300	24/15.5 oz cans	110245	Turkey Breast Cooked Ctn-12/3.25 lb.	12/3.25 lb ctn
100311 and 100328 transitioning to 110263 and 110262 respectively					
DRY BEANS					
100380	Beans Great Northern Dry Pkg - 12/2 lb	12/2 lb packages			
100382	Beans Pinto Dry Pkg - 12/2 lb	12/2 lb packages			
MISCELLANEOUS					
100044	Egg Mix Dried Pkg - 48/6 oz	48/6 oz packages			

*** purchase of chicken products alternates each quarter.
i.e: Whole birds: Jan-Mar & July-Sept. Split breasts: April-June & Oct-Dec.

USDA FOODS AVAILABLE FOR 2013*
Food Distribution Program on Indian Reservations (FDPPIR)

WBSCM Code	Product	Pack Size	WBSCM Code	Product	Pack Size
DAIRY, PASTA, GRAINS, NUTS AND OIL					
100918	Bakery Flour Mix Lowfat Bag - 6/5 lb	6/5 lb bag	100395	Peanut Butter Smooth Jar - 12/18 oz	12/18 oz jars
100921	Buttery Spread Light Tubz-12/15 OZ	12/15 oz tubs	100391	Peanuts Roasted Reg Unsl Pkg - 12/16 oz	12/16 oz package
110198	Cheese Blind Amer Skm Yel Reg s/c Lvs-6/5lb	6/5 lb package	100492	Rice US#2 Long Grain Pkg - 30/2 lb	30/2 lb packages
110199	Cheese Process Reg Lvs-6/5 lb	6/5 lb leaves	100435	Whole Grain Pasta Rotini Mac Pkg - 24/1 lb	20/1 lb packages
100471	Cornmeal Degermed Yellow Bag - 8/5 lb	8/5 lb bag			
100910	Crackers Unsalted Box - 12/16 oz	12/16 oz box			
100433	Egg Noodle 1/2 Inch Wide Pkg - 12/1 lb	12/1 lb packages	100449	CEREAL CORN FLKS 1080 PKG-12/18 OZ	12/18 oz pkg
100473	Farina Wheat Pkg - 24/14 oz	24/14 oz package	100929	CEREAL OAT CIRCLES 1344 PKG-12/14 OZ	12/14 oz pkg
100400	Flour All Purp Enrich Blch Bag - 8/5 lb	8/5 lb bag	110265	CEREAL CORN RICE BISC 1080 PKG-14/12 OZ	14/12 oz pkg
100410	Flour Whole Wheat Bag - 8/5 lb	8/5 lb bag	100457	CEREAL RICE CRISP 1008 PKG-16/12 OZ	16/12 oz pkg
101024	Macaroni & Cheese 1404 Pkg - 48/7.25 oz	48/7.25 oz pkg	100933	CEREAL WT BRAN FLKS 1344 PKG-14/17.30Z	14/17.3 oz pkg
100050	Milk 1% Milkfat UHT 1500 Box - 12/32 fl oz	12/32 oz packages	100446	CEREAL CORN SQUARES 1344 PKG-14/14 OZ	14/14 oz pkg
100055	Milk Instant NDM Pkg - 12/25.6 oz	12/25.6 oz			
110152	Milk Skim Evaporated Can-24/12 fl oz	24/12 fl oz cans			
100465	Oats Rolled Tube - 12/42 oz	12/42 oz tube	100182	Pork Ham Waterad Frz Ctn - 12/3 lb	12/3 lb carton
100440	Oil Vegetable Btl - 8/48 oz	8/48 oz bottles		(Subject to Availability of Funds)	
100428	Pasta Macaroni Plain Elbow Pkg - 24/1 lb	24/1 lb packages	100319	Pumpkin Can - 24/300	24/15.5 oz cans
100426	Pasta Spaghetti Pkg - 12/2 lb	12/2 lb packages	100213	Cranberry Sauce Can-24/300	24/15.5 oz cans

**Purchases are subject to market conditions. This list does not include bonus commodities.*

*** All canned vegetables are low-sodium (140 milligrams of sodium or less per serving).*

**GAS STATIONS
ON THE NAVAJO NATION**

	BUSINESS	LOCATION	LESSEE
1	Mexican Water Trading Post	Mexican Water, UT	Red Mesa Trading Company
2	Red Mesa Trading Post	Red Mesa, AZ	Red Mesa Trading Company
3	Oljato Trading Post	Oljato, UT	Evelyn Jensen
4	Teec Nos Pos Trading Post	Teec Nos Pos, AZ	John McColloch
5	Pic-N-Run	Chinle, AZ	David Flores
6	Chevron	Chinle, AZ	Navajo Oil and Gas
7	Mustang	Rock Point, AZ	Giant Four Corners Inc.
8	Conoco	Many Farms, AZ	Giant Four Corners Inc.
9	Mustang	Lukachukai, AZ	Giant Four Corners Inc. (Nakai)
10	Mustang	Chinle, AZ	Giant Four Corners Inc. (Bia)
11	Shell	Chinle, AZ	Giant Four Corners Inc. (Begaye)
12	ALON	Tsaile, AZ	Sandia Stores Inc.
13	7 To 11	Many Farms, AZ	United Food Stores, Inc.
14	7 To 11	Fort Defiance, AZ	United Food Stores, Inc.
15	Alamo Mini Mart	Alamo, NM	Sandia Stores Inc.
16	Chevron	Tohatchi, NM	Navajo Oil and Gas
17	Giant	Tohatchi, NM	Giant Four Corners Inc.
18	Conoco	Fort Defiance, AZ	Giant Four Corners Inc.
19	Klagetoh Trading Post	Klagetoh, AZ	Red Mesa Trading Company
20	Lower Greasewood Trading Post	Lower Greasewood, AZ	Red Mesa Trading Company
21	ALON	Window Rock, AZ	Sandia Stores Inc.
22	Chevron	Window Rock, AZ	Navajo Oil and Gas
23	Mora's Conoco Station & Grocery	Ganado, AZ	Joe Mora
24	Mustang	Burnside, AZ	Giant Four Corners Inc.
25	Naschitti Trading Post	Naschitti, NM	Red Mesa Trading Company
26	Navajo Conoco	Navajo, NM	Sandia Stores Inc.
27	Steamboat Express	Steamboat, AZ	Red Mesa Trading Company
28	Navajo Petroleum	Tse Bonito, NM	Navajo Oil and Gas
29	Chevron	Burnside, AZ	RH Mike Enterprise
30	Giant	White Cone, AZ	Giant Four Corners Inc.
31	True Value	Dilcon, AZ	Navajo Westerners
32	ALON	Pinehill, NM	Sandia Stores Inc.
33	Red Mesa Sawmill Express	Sawmill	Red Mesa Trading Company
34	Sheep Springs Express #511	Sheep Springs, NM	Red Mesa Trading Company
35	Giant	Shiprock, NM	Giant Four Corners, Inc. (Franklin)
36	Giant	Burnham, NM	Giant Four Corners, Inc. (Franklin)
37	ALON	Shiprock, NM	United Food Stores, Inc.
38	Beclabito Express	Beclabito, NM	Beclabito Express LLC (Red Mesa)
39	Shell	Tuba City, AZ	Giant Four Corners Inc.
40	NAPI Truck Store	Upper Fruitland, NM	NAPI
41	Navajo Express	Shiprock, NM	Red Mesa Trading Company (Montano)
42	Shiprock Express	Shiprock, NM	Red Mesa Trading Company
43	Crossroads Convenience Store	Inscription House, AZ	Robert Moss
44	Gap Store	Bodaway/Gap, AZ	Red Mesa Trading Company

**GAS STATIONS
ON THE NAVAJO NATION**

	BUSINESS	LOCATION	LESSEE
45	Inscription House Trading Post	Inscription House, AZ	Weston
46	Pic N Run	Leupp, AZ	David Flores
47	Simpson Market	Cameron, AZ	Robert & Mary Simpson
48	Shell	Tuba City, AZ	Giant Four Corners Inc.
49	Navajo Petroleum	Blue Gap, AZ	Navajo Oil and Gas
50	ALON	Pinon, AZ	Sandia Stores Inc.
51	Shonto Trading Post	Shonto, AZ	Caroline Ekis
52	Tonalea Express	Tonalea, AZ	Red Mesa Trading Company
53	Shiprock Quick Mart -Shell	Shiprock, NM	Farmington Oil
54	Black Mesa Shopping, Inc.	Black Mesa, AZ	Judy Van Keuren
55	Chevron	Tuba City, AZ	Dave Khow
56	Stop N Go	Little Water, NM	Red Mesa Trading Company
57	Red Valley Trading Post	Red Valley, AZ	Red Rock Retailer LLC
58	Giant	Shiprock, NM	Giant Four Corners, Inc.
59	Giant	Crownpoint, NM	Giant Four Corners Inc. (BIA Admin Land)
60	Westerners	Tuba City, AZ	Keith Cody
61	7 to 11	Tuba City, AZ	United Food Stores, Inc.
62	Super Fuel	Tuba City, AZ	Robert Moss (TC Express)
63	Kaibeto Market	Kaibeto, AZ	Tincer & Lisa Harris
64	Giant	Kayenta, AZ	Giant Four Corners, Inc.
65	Speedy's	Kayenta, AZ	Petro, USA
66	Chevron	Kayenta, AZ	Navajo Oil and Gas
67	ALON	Kayenta, AZ	Ward, Inc.
68	7 to 11	Kayenta, AZ	United Food Stores, Inc.
69	Crownpoint Trading Company	Crownpoint, NM	Red Mesa Trading Co. (BIA Admin Land)
70	Mustang	Rock Point, AZ	Giant Four Corners, Inc.
71	Counselor Trading Post	Counselor, NM	Red Mesa Trading Co.
72	Pueblo Pintado General Store	Pueblo Pintado, NM	Johnny & Angilisa Antonio
73	Mustang	Dilcon, AZ	Giant Four Corners Inc.
74	Giant	St. Michael, AZ	Giant Four Corners Inc. (Private)
75	Napco	St. Michael, AZ	Red Mesa Trading Co. (Private)

