

included in the study because member turnout was not consistent enough to produce fruits and vegetables in the garden.

The issue of volunteer and garden member turnout should be acknowledged for the purposes of this study. Both community garden members and managers expressed how difficult it can be to make community gardens appeal to people and show them how it is worth their effort and free time. This is especially true for working class people who work strenuous jobs and hours, and might not want to use their leisurely time on an activity that they think might require even more manual labor. The leaders of gardens have identified their own strategies to address this concern and it is the additional hope of the researcher to identify ways use access to healthy food as a motivation to participate in a community garden.

Garden Profiles

Four L.A. County community gardens from culturally and geographically diverse parts of the Los Angeles area participated in this study. The following are profiles of the four community gardens represented in the study:

Elysian Valley Community Garden:

The garden is located in the neighborhood of Elysian Valley otherwise known as Frogtown in Central Los Angeles. The garden itself has been open since 2013 and sits on privately owned land. The garden is hosts 30 4 x 8 foot garden

