

# Gym or Home?

## We'll keep you active either way.

**11,500+ STANDARD FITNESS CENTERS**  
for just \$25 a month  
*and/or*

**4,500+ PREMIUM EXERCISE STUDIOS**  
with 20% - 70% discounts on most

### PLUS

**6,500+ DIGITAL WORKOUT VIDEOS**

**ENROLL YOUR SPOUSE\*\***

**NO LONG-TERM CONTRACTS**

**STANDARD FITNESS MEMBERSHIP**

**\$25/mo\***

11,500+ FITNESS CENTERS  
6,500+ WORKOUT VIDEOS

Active&Fit<sup>®</sup>  
DIRECT

TM

**Learn More:** [kp.org/choosehealthy](https://kp.org/choosehealthy)

First month's fees, second month's fees, and a \$25 enrollment fee are due at checkout, plus any applicable taxes. Monthly fees vary if selecting a premium fitness center.

11,500+ Standard Fitness Centers, including:



4,500+ Premium Exercise Studios, including:



\* Plus an enrollment fee and applicable taxes. Fees may vary based on fitness center selection.

\*\*Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

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