GB Vegan Carrot Ginger Soup
8 oz

Nutrition Facts
1 servings per container
Serving size 8 oz (225g)

Amount per serving
Calories 140

% Daily Value
Total Fat 11g 14%
Saturated Fat 6g 31%
Trans Fat 0g
Polyunsaturated Fat 2.5g
Monounsaturated Fat 1.5g
Cholesterol less than 5 millig 1%
Sodium 500mg 22%
Total Carbohydrate 11g 4%
Dietary Fiber 3g 10%
Total Sugars 4g
Includes 0g Added Sugars 0%
Protein 2g

Vitamin D 0mcg
Calium 45mg 4%
Iron 1mg 8%
Potassium 310mg 8%

INGREDIENTS: Water, Jumbo Carrot, Cnd Coconut Milk (Coconut Milk and Water), Yellow Onion, Celery, Peeled Garlic, Grapeseed Oil, Vegetable Soup Base, Lemon Juice, Ginger, Coarse Kosher Salt (Salt, Yellow Prussiate of Soda), Crushed Red Pepper, Ground Coriander, Fresh Thyme, Ground Black Pepper, Bay Leaf.