Entree Beef Chop Suey 6oz

Nutrition Fac	ts
1 servings per container Serving size 6oz	(170g)
Calories 20	<u>60</u>
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 4g	21%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 4.5g	
Cholesterol 75mg	26%
Sodium 670mg	29%
Total Carbohydrate 13g	5%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 25g	
Vitamin D 0.1mcg	0%
Calcium 25mg	2%
Iron 4mg	20%
Potassium 340mg	8%
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily dief. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: .5X2.5 Beef for Stroganoff, Bamboo Shoots, Water Chestnut , Yellow Onion, Sprout Bean Fresh, .25" Diced Celery, GF Tamari Soy Sauce (Water; Soybeans; Salt; Alcohol (to preserve freshness). This product contains soy ingredients.), Cornstarch (Corn Starch), Light Brown Sugar (Brown Sugar), Ground Ginger, Coarse Kosher Salt (Salt; Yellow Prussiate of Soda.).

Contains: Soy Allergen