Curried Egg Salad
6oz

Nutrition Facts
1 servings per container
Serving size 6oz (170g)

Amount per serving
Calories 300

Total Fat 24g 31%
Saturated Fat 5g 26%
Trans Fat 0g
Polyunsaturated Fat 10g
Monounsaturated Fat 7g

Cholesterol 315mg 104%

Sodium 430mg 19%

Total Carbohydrate 9g 3%
Dietary Fiber 2g 8%
Total Sugars 6g
Includes 0g Added Sugars 0%

Protein 11g

Vitamin D 1.8mcg 10%
Calcium 55mg 4%
Iron 1mg 8%
Potassium 210mg 6%

* The % Daily Value (DV) tells you how much a nutrient in serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Hard Boiled Egg, Large Granny Apple, Mayonnaise (INGREDIENTS: SOYBEAN OIL; WATER; EGGS; VINEGAR; CONTAINS LESS THAN 2% OF EGG YOLKS; LEMON JUICE CONCENTRATE, SALT; SUGAR; DRIED ONIONS; DRIED GARLIC; PAPRIKA; NATURAL FLAVOR; CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR)), Red Onion, Fresh Cilantro, Lime Juice, Extra Strong Dijon Mustard (Water, Mustard Seeds, Distilled Vinegar; Salt; Contains 2% or Less of Citric Acid; Potassium Metabisulfite (Preservative). Contains Sulfites.), Curry Powder, Coarse Kosher Salt (Salt; Yellow Prussiate of Soda.), Cayenne Pepper.