Entree Miso Chicken
S vg

Nutrition Facts

1 servings per container
Serving size 1 Svg (220g)

Amount per serving

Calories 250

% Daily Value*

Total Fat 6g 8%
Saturated Fat 1.5g 8%
Trans Fat 0g
Polyunsaturated Fat 1.5g
Monounsaturated Fat 2.5g

Cholesterol 115mg 39%
Sodium 950mg 41%

Total Carbohydrate 21g 8%
Dietary Fiber 2g 9%
Total Sugars 2g
Includes 0g Added Sugars 0%

Protein 29g

Vitamin D 0.3mcg 2%
Calcium 65mg 6%
Iron 2mg 10%
Potassium 500mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: 4 oz Bonless Skinless Chicken Breast (Chicken Tenderloins Clipped), Organic Short Grain Brown Rice (Organic Short Grain Brown Rice), Cello Spinach, Large White Egg (WHOLE EGG; CITRIC ACID; 0.15% WATER ADDED AS CARRIER FOR CITRIC ACID. CITRIC ACID ADDED TO PRESERVE COLOR.), 25” Diced Carrots, 25” Diced Onion, Shiitake Mushrooms, Miso Soybean Paste, Peeled Garlic, Fish Sauce (Anchovy Extract; Water; Salt; Sat. Fructose & Hydrolysed Vegetable Protein), GF Tamari Soy Sauce (Water; Soybeans; Salt; Alcohol (to preserve freshness). This product contains soy ingredients.), Green Onion, Ginger, Fresh Parsley.

Contains: Eggs Allergen, Fish Allergen, Soy Allergen