

# PEER POWER PROGRAM: MISSION & VALUES

## EMMONS WELLNESS CENTER, OCCIDENTAL COLLEGE

### MISSION STATEMENT

Our mission is to create a compassionate community of care by meeting students where they are through accessible education, skill-building, and resources that strengthen well-being.

### GUIDING VALUES

**Empathy:** Taking an empathetic approach is key to providing students with the resources they need. It means acknowledging and valuing others' experiences, sharing in their challenges and successes, and standing with them through both difficult and joyful moments.

**Connection:** Our outreach to the student body plays a vital role in bridging the gap between wellness services on campus and students. We aim to connect students with the care they need by fostering connections: establishing strong relationships between our program and students, while also nurturing a sense of community among the students themselves.

**Openness & Curiosity:** As problems arise within our community, we commit to leading by asking thoughtful questions and creating space for everyone who needs it. By fostering curiosity and openness, we provide an environment where students can grow, learn, and explore themselves throughout their college journey.

**Equity:** In creating a community of care, it's essential that every student has fair access to the resources they need. We strive to ensure that individuals, regardless of identity, financial status, or previous access to support based on socioeconomic background, can access our resources and education on campus. All in all, our goal is to meet people where they are.

**Accountability:** By taking responsibility for caring for every student who seeks our support, we strive to build a culture of trust on campus. This includes having the courage to acknowledge our mistakes, holding ourselves accountable for our actions, and continuously learning from one another. We commit to owning our errors and taking responsibility for both the mental and physical well-being of those we serve.

*This mission and guiding values statement was co-created and written by the Fall 2024 Peer Health Educator cohort.*

