2023

BENEFITS eGUIDE

- HEALTH
- FINANCIAL
- WORK-LIFE



### Welcome

Your benefits are an important part of your overall compensation. We are pleased to offer a comprehensive array of valuable benefits to protect your health, your family and your way of life. This guide answers some of the basic questions you may have about your benefits. Please read it carefully, along with any supplemental materials you receive.

#### **Eligibility**

You are eligible for benefits if you work 30 or more hours per week in a full-time, regular assignment. You may also enroll your eligible family members under certain plans you choose for yourself. Eligible family members include:

- Your legally married spouse
- Your domestic partner (DP) and/or their children, where applicable by state law
- Your children who are your biological children, stepchildren, adopted children or children for whom you have legal custody (age restrictions may apply). Disabled children age 26 or older who meet certain criteria may continue on your health coverage.

#### When Coverage Begins

- New Hires: You must complete the enrollment process within 31 days of your date of hire. If you enroll on time, coverage is effective on the first of the month following your date of hire.
- If you fail to enroll on time, you will <u>NOT</u> have benefits coverage (except for company-paid benefits).
- Open Enrollment: Changes made during Open Enrollment are effective January 1 - December 31, 2023.

#### **Choose Carefully!**

Due to IRS regulations, you cannot change your elections until the next annual Open Enrollment period, unless you have a qualified life event during the year. Following are examples of the most common qualified life events:

- Marriage or divorce
- Birth or adoption of a child
- Child reaching the maximum age limit
- Death of a spouse, DP, or child
- You lose coverage under your spouse's/DP's plan
- You gain access to state coverage under Medicaid or CHIP

#### **Making Changes**

To make changes to your benefit elections, you must contact Human Resources within 31 days of the qualified life event (including newborns). Be prepared to show documentation of the event such as a marriage license, birth certificate or a divorce decree. If changes are not submitted on time, you must wait until the next Open Enrollment period to make your election changes.

**Required Information—**When you enroll, you will be required to enter a Social Security number (SSN) for all covered dependents. The Affordable Care Act (ACA), otherwise known as health care reform, requires the company to report this information to the IRS each year to show that you and your dependents have coverage. This information will be securely submitted to the IRS and will remain confidential.

# Inside

Medical

**Voluntary Benefits** 

Dental

Vision

Flexible Spending Accounts (FSAs)

Life and AD&D Insurance

Disability Insurance

Employee Assistance Program (EAP)

Valuable Extras

Cost of Benefits

**Contact Information** 

# **Enrollment**

Go to https://oxy.ease.com. There, you will find detailed information about the plans available to you and instructions for enrolling.

### Medical

We are proud to offer you a choice of medical plans that provide comprehensive medical and prescription drug coverage. The plans also offer many resources and tools to help you maintain a healthy lifestyle. Following is a brief description of each plan.

#### **Kaiser HMO**

With this plan, you must use Kaiser facilities and providers for your medical and pharmacy needs. Services received outside of the Kaiser network are not covered, except in the case of emergency medical care.

#### Blue Shield of California TRIO and Access+ HMO

With each of these plans, you select a primary care physician (PCP) from the participating network of providers who will coordinate your health care needs, refer you to specialists (if needed) and approve further medical treatment. Services received outside of the HMO's network are not covered, except in the case of emergency medical care.

#### **Blue Shield of California PPO**

This plan gives you the freedom to seek care from the provider of your choice. However, you will maximize your benefits and reduce your out-of-pocket costs if you choose a provider who participates in the network.

- The plan pays the full cost of qualified in-network preventive health care services.
- You pay the full cost of non-preventive health care services until you meet the annual deductible. You may also have to pay a fixed dollar amount (copay) for certain services.
- Once you meet the deductible, you pay a percentage of certain health care expenses (coinsurance) and the plan pays the rest.
- Once your deductible, copays and coinsurance add up to the out-of-pocket maximum, the plan pays the full cost of all qualified health care services for the rest of the year.



# Medical (Cont'd)

Following is a high-level overview of the coverage available. For complete coverage details, please refer to the Summary Plan Description (SPD).

	Kaiser	Blue Shield of California				
Key Medical Benefits	Traditional HMO \$10	Trio Network HMO	Access + HMO	Full Netv	vork PPO	
	In-Network Only	In-Network Only	In-Network Only	In-Network	Out-of-Network <sup>1</sup>	
<b>Deductible</b> (per calendar year)						
Individual / Family	None / None	None / None	None / None	\$250 / \$750	\$250 / \$750	
Out-of-Pocket Maximum (per co	lendar year)					
Individual / Family	\$1,500 / \$3,000	\$1,500 / \$3,000	\$1,500 / \$3,000	\$1,750 / \$3,500	\$3,250 / \$6,500	
Covered Services						
Office Visits (physician/specialist)	\$10 / \$10 copay	\$10 / \$10 copay	\$10 / \$10 (if referred) / \$20 (self-referred) copay	\$10 / \$10 copay	30%*	
Virtual Visits	No charge	No charge	No charge No charge		Not covered	
Routine Preventive Care	No charge	No charge	No charge No charge		Not covered	
Outpatient Diagnostic (lab/X-ray)	No charge	No charge	No charge	\$10 copay*	30%*	
Complex Imaging	No charge	No charge	No charge	10%* 5	30%*	
Chiropractic / Acupuncture	N/A	N/A	N/A	\$25 copay <sup>2</sup>	30%*	
Ambulance	\$50 copay	\$100 copay	\$100 copay	10%*	10%*	
Emergency Room	\$50 copay	\$100 copay	\$100 copay	\$150 copay + 10%	\$150 copay + 10%	
Urgent Care Facility	\$10 copay	\$10 copay	\$10 copay	\$10 copay	30%*	
Inpatient Hospital Stay	No charge	\$250 copay <sup>6</sup>	\$250 copay <sup>6</sup>	10%* 6	30%* 3,6	
Outpatient Surgery	\$10 copay	No charge	No charge	5%*	30%* 4	
Prescription Drugs	(Generic / Brand)		(Tier 1 / Tier 2	/ Tier 3 / Tier 4)		
Retail Pharmacy (30-day supply)	\$10 / \$20	\$10 / \$15 / \$30 / 20% to \$250	\$10 / \$15 / \$30 / 20% to \$250	\$10 / \$30 / \$50 / 30% to \$250	\$10 / \$30 / \$50 / 30% to \$250 plus 25% of purchase price	
Mail Order (90-day supply)	\$10 / \$20	\$20 / \$30 / \$60 / 20% to \$500	\$20 / \$30 / \$60 / 20% to \$500	\$20 / \$60 / \$100 / 30% to \$500	Not covered	

Coinsurance percentages and copay amounts shown in the above chart represent what the member is responsible for paying.

\*Benefits with an asterisk (\*) require that the deductible be met before the Plan begins to pay.

- 1. If you use an out-of-network provider, you will be responsible for any charges above the maximum allowed amount.
- 2. Up to 20 visits per calendar year, per member
- 3. Up to \$600 per day, plus 100% of additional charges
- 4. Up to \$350 per procedure, plus 100% of additional charges
- 5. Reflects cost share at outpatient radiology center
- 6. Also applies to mental health and substance abuse

# **Voluntary Benefits**

Our benefit plans are here to help you and your family live well—and stay well. But did you know that you can strengthen your coverage even further? It's true! Our voluntary benefits through Metlife are designed to complement your health care coverage and allow you to customize our benefits to you and your family's needs. The best part? Benefits from these plans are paid directly to you! Coverage is also available for your spouse and dependents.

You can enroll in these plans during Open Enrollment—they're completely voluntary, which means you are responsible for paying for coverage at affordable group rates.

#### **Accident Insurance**

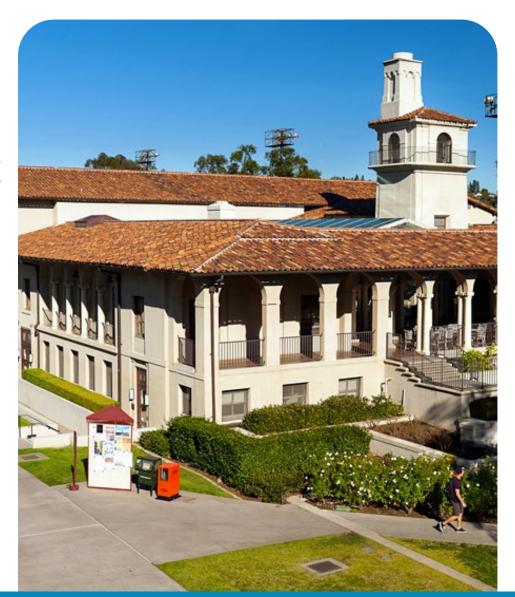
Accident insurance can soften the financial impact of an accidental injury by paying a benefit to you to help cover the unexpected out-of-pocket costs related to treating your injuries.

#### **Critical Illness**

Did you know that the average total out-of-pocket cost related to treating a critical illness is over \$7,000'? With critical illness insurance, you'll receive a lump-sum benefit if you are diagnosed with a covered condition that you can use however you would like, including to help pay for: treatment (e.g. experimental), prescriptions, travel, increased living expenses, and more.

#### **Hospital Indemnity Insurance**

The average cost of a hospital stay is \$11,700—and the average length of a stay is 4.6 days<sup>2</sup>. Hospital indemnity insurance can help reduce costs by paying you or a covered dependent a benefit to help cover your deductible, coinsurance and other out-of-pocket costs due to a covered sickness or injury related hospitalization.



- 1. MetLife Accident and Critical Illness Impact Study, October 2013
- Overview of U.S. Hospital Stays in 2016: Variation by Geographic Region. HCUP Statistical Brief #246. December 2018. Agency for Healthcare Research and Quality, Rockville, MD.

Vision

We are proud to offer you a choice of dental plans.

#### Delta Dental DHMO (DeltaCare USA Plan)

With this plan, you choose a primary dental provider to manage your care. There are no charges for most preventive services, no claim forms and no deductibles. Reduced, pre-set charges apply to other services.

#### **Delta Dental DPPO (Fee for Service Plan)**

This plan offers you the freedom and flexibility to use the dentist of your choice. However, you will maximize your benefits and reduce your out-of-pocket costs if you choose a dentist who participates in the Delta Dental network.

Following is a high-level overview of the coverage available.

Key Dental Benefits	Delta Dental DHMO (DeltaCare USA Plan)	Delta Dental DPPO (Fee for Service Plan)				
	In-Network Only	In-Network	Out-of-Network <sup>1</sup>			
<b>Deductible</b> (per calendar ye	ear)					
Individual / Family	None / None	\$50 / \$150	\$50 / \$150			
Benefit Maximum (per cale	Benefit Maximum (per calendar year; preventive, basic, and major services combined)					
Per Individual	None	\$2,000	\$2,000			
<b>Covered Services</b>						
<b>Preventive Services</b>	No charge	No charge	20%			
Basic Services	See Schedule	20%*	20%*			
Major Services	See Schedule	50%*	50%*			
Orthodontia (Child & Adult)	\$1,700 / \$1,900 (child / adult)	50%; \$1,500 Lifetime Maximum Benefit	50%; \$1,500 Lifetime Maximum Benefit			

Coinsurance percentages shown in the above chart represent what the member is responsible for paying.

\*Benefits with an asterisk ( \* ) require that the deductible be met before the Plan begins to pay.

 If you use an out-of-network provider, you will be responsible for any charges above the maximum allowed amount.

#### We are proud to offer you a vision plan.

The Eyemed vision plan gives you the freedom to seek care from the provider of your choice. However, you will maximize your benefits and reduce your out-of-pocket costs if you choose a provider who participates in the Eyemed network.

Following is a high-level overview of the coverage available.

Key Vision Benefits	In-Network	Out-of-Network Reimbursement	
Exam (once every 12 months)	\$10 copay	Up to \$40	
Materials Copay	\$25 copay	N/A	
Lenses (once every 12 months)			
Single Vision		Up to \$30	
Bifocal	No charge after materials copay	Up to \$50	
Trifocal	materials sopag	Up to \$70	
Frames (once every 12 months)	Covered up to \$150; 20% discount over \$150	Up to \$91	
Contact Lenses (once every 12 months; in lieu of glasses)	Covered up to \$130	Up to \$130	



# Flexible Spending Accounts

We provide you with an opportunity to participate in our flexible spending accounts (FSAs) administered through Cetera. FSAs allow you to set aside a portion of your income, before taxes, to pay for qualified health care and/ or dependent care expenses. Because that portion of your income is not taxed, you pay less in federal income, Social Security and Medicare taxes.

#### **Health Care FSA**

For 2023, you may contribute up to the IRS maximum to cover qualified health care expenses incurred by you, your spouse and your children up to age 26. Some qualified expenses include:

- Coinsurance
- Copayments
- Deductibles
- Prescriptions and Over-the-Counter Drugs
- Menstrual Care Products
- Dental treatment
- Orthodontia
- Eye exams, materials, Lasik

#### **Dependent Care FSA**

For 2023, you may contribute up to \$5,000 (per family) to cover eligible dependent care expenses (\$2,500 if you and your spouse file separate tax returns). Some eligible expenses include:

- Care of a dependent child under the age of 13 by babysitters, nursery schools, pre-school or daycare centers
- Care of a household member who is physically or mentally incapable of caring for him/herself and qualifies as your federal tax dependent

For a complete list of eligible expenses, visit www.irs.gov/pub/irs-pdf/p503.pdf.

### **FSA Rules**

#### YOU MUST ENROLL EACH YEAR TO PARTICIPATE.

Because FSAs can give you a significant tax advantage, they must be administered according to specific IRS rules:

**Health Care & Dependent Care FSAs:** Unused funds will **NOT** be returned to you or carried over to the following year.

You can incur expenses through March 15, 2024, and must file claims by April 30, 2024.

Maximum contribution amount is established by the IRS and your employer each year. See plan document for details.

### Life and AD&D

**Life insurance** provides your named beneficiary(ies) with a benefit in the event of your death.

Accidental Death and Dismemberment (AD&D) insurance provides specified benefits to you in the event of a covered accidental bodily injury that directly causes dismemberment (i.e., the loss of a hand, foot or eye). In the event that your death occurs due to a covered accident, both the life and the AD&D benefit would be payable.

#### Basic Life/AD&D (Company-paid)

This benefit is provided at <u>NO COST</u> to you through Hartford.

Benefit	1 times your annual base salary
Amount	plus \$5,000

#### Supplemental Life/AD&D (Employee-paid)

If you determine you need more than the basic coverage, you may purchase additional coverage through Hartford for yourself and your eligible family members.

	Guaranteed Issue <sup>1</sup>	
Employee	\$10,000 increments; up to 5 times your earnings or \$500,000	\$180,000
Spouse/DP	\$10,000 increments to \$300,000 not to exceed 100% of the Employee's Approved Coverage	\$40,000
Child(ren)	Increments of \$2,500 subject to the lesser of \$10,000 or 100% of Employee Life Benefit	\$10,000

 During your initial eligibility period only, you can receive coverage up to the Guaranteed Issue amounts without having to provide Evidence of Insurability (EOI, or information about your health). Coverage amounts that require EOI will not be effective unless approved by the insurance carrier.

# **Disability Insurance**

Disability insurance provides benefits that replace part of your lost income when you become unable to work due to a covered injury or illness.

Long-Term Disability				
Provided at <b>NO COST</b> to you t	Provided at <b>NO COST</b> to you through Hartford.			
Benefit Percentage	Benefit Percentage 60%			
Monthly Benefit Maximum	\$14,000			
When Benefits Begin After 180th day of disability				
Maximum Benefit Duration         Social Security Normal Retirement Age				

### **Valuable Extras**

#### We also offer the following additional benefits:

- > 403(b) Retirement Plan
- Pet Care Discount Program
- Travel Assistance and Identity Theft
  Assistance
- Tuition Benefits
- Employee Discounts (Apple, Verizon, AT&T, movie theater and theme park ticket discounts)
- Health Advocacy

# **Employee Assistance Program**

Life is full of challenges, and sometimes balancing it is difficult. We are proud to provide a confidential program dedicated to supporting the emotional health and well-being of our employees and their families. The employee assistance program (EAP) is provided at <u>NO</u> <u>COST</u> to you through Compsych.

#### The EAP can help with the following issues, among others:

Mental health

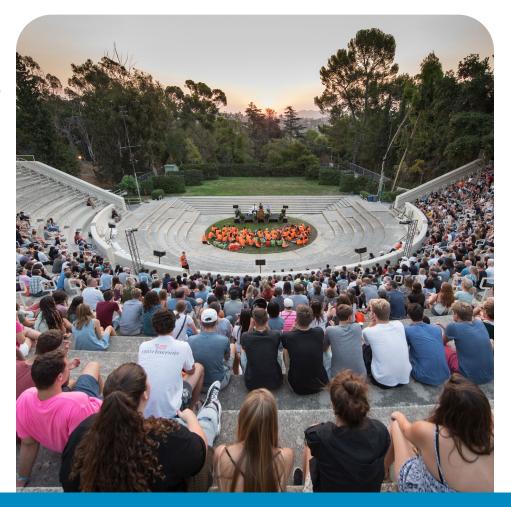
- Substance abuse
- Relationships or marital conflicts
- Grief and loss

Child and eldercare

Legal or financial issues

#### **EAP Benefits**

- Assistance for you and your household members
- Up to 3 in-person sessions with a counselor per issue, per year, per individual
- Unlimited toll-free phone access and online resources



### **Cost of Benefits**

#### January 1 - December 31, 2023

Your contributions toward the cost of benefits are automatically deducted from your paycheck before taxes. The amount will depend upon the plan you select and if you choose to cover eligible family members.

#### **Voluntary Life**

- Votantary Ene				
Schedule	\$10,000 increments, not to exceed 5 Times Earnings or \$500,000			
Life Guaranteed Issued Amount	Lesser of 3 Times Earnings or \$180,000			
Life Rate by Age	per \$1,000			
0-25	\$0.050			
25-29	\$0.060			
30-34	\$0.080			
35-39	\$0.090			
40-44	\$0.100			
45-49	\$0.150			
50-54	\$0.230			
55-59	\$0.430			
60-64	\$0.546			
65-69	\$0.789			
70-74	\$2.060			
<b>75</b> +	\$2.060			
AD&D Rate (per \$1,000)	\$0.019			

#### Supplemental Life/AD&D

Deductions for supplemental Life/AD&D are taken from your paycheck after taxes. Rates are available during enrollment.

#### **Voluntary Spouse Life/AD&D**

Schedule	\$10,000 increments to \$300,000 not to exceed 100% of the Employee Elected and Approved Amount			
Life Guaranteed Issued Amount	\$40,000			
Life Rate by Age	per \$1,000			
0-25	\$0.050			
25-29	\$0.060			
30-34	\$0.080			
35-39	\$0.090			
40-44	\$0.100			
45-49	\$0.150			
50-54	\$0.230			
55-59	\$0.430			
60-64	\$0.622			
65-69	\$0.897			
70-74	\$2.060			
75÷	\$2.060			
AD&D Rate (per \$1,000)	\$0.019			

#### **Voluntary Child Life/AD&D**

Schedule	1 Days to 26 Years: Increments of \$2,500 subject to the lesser of \$10,000.00 or 100% of Employee Life
Life Guaranteed Issued Amount	\$10,000
	per \$1,000
Child Life Rate	\$0.029
	per \$1,000
Child AD&D Rate Child Life Rate	\$0.022

# **Cost of Benefits** (Con't.)

#### **Voluntary Accident Benefit**

D. C.	MetLife			
Benefit	Low Plan	High Plan		
Injuries				
Fractures	\$50 - \$3,000	\$100 - \$6,000		
Dislocations	\$50 - \$3,000	\$100 - \$6,000		
Second and Third Degree Burns	\$50 - \$5,000	\$100 - \$10,000		
Medical Services & Treatment				
Ambulance	\$200 - \$750	\$300 - \$1,000		
Emergency Care	\$25 - \$50	\$50 - \$100		
Surgery	\$100 - \$1,000	\$20 - \$2,000		
Hospital Coverage (Accident)				
Admission	\$500 - \$1,000 per accident	\$1,000 - \$2,000 per accident		
Confinement	\$100 a day - up to 31 days \$200 a day (ICU) - up to 31 days	\$200 a day - up to 31 days \$400 a day (ICU) - up to 31 days		
Accidental Death				
Employee	\$25,000 \$75,000 for common carrier	\$50,000 \$150,000 for common carrier		
Spouse	50% of employee benefit	50% of employee benefit		
Child(ren)	20% of employee benefit	20% of employee benefit		

Day of A	MetLife			
Benefit	Low Plan	High Plan		
Dismemberment, Loss & Paralysis				
Dismemberment, Loss & Paralysis	\$250 - \$10,000 per injury	\$500 - \$50,000 per injury		
Other Benefits				
Lodging	\$100 per night, up to 31 nights per calendar year	\$200 per night, up to 31 nights per calendar year		
Health Screening Benefit (Wellness)	\$75 (payable once per calendar year)	\$75 (payable once per calendar year)		
Rates per month	Low Plan	High Plan		
EE Only	\$7.46	\$11.78		
EE + Spouse	\$14.28	\$22.44		
EE + Children	\$15.64	\$24.48		
EE + Family	\$19.58	\$30.65		

# **Cost of Benefits** (Con't.)

#### **Critical Illness**

	MetLife MetLife								
Monthly Premium / \$1,000 of coverage (Non-Tobacco)				Monthly Premium / \$1,000 of coverage (Tobacco)					
Age	EE Only	EE + Spouse	EE + Children	EE + Family	Age	EE Only	EE + Spouse	EE + Children	EE + Family
<25	\$0.54	\$0.85	\$0.73	\$1.04	<25	\$0.82	\$1.27	\$1.01	\$1.46
25-29	\$0.54	\$0.85	\$0.74	\$1.05	25-29	\$0.82	\$1.27	\$1.02	\$1.47
30-34	\$0.77	\$1.19	\$0.96	\$1.38	30-34	\$1.20	\$1.84	\$1.40	\$2.04
35-39	\$1.08	\$1.66	\$1.27	\$1.85	35-39	\$1.72	\$2.62	\$1.92	\$2.82
40-44	\$1.66	\$2.53	\$1.86	\$2.74	40-44	\$2.72	\$4.12	\$2.91	\$4.31
45-49	\$2.33	\$3.54	\$2.53	\$3.73	45-49	\$3.86	\$5.83	\$4.06	\$6.03
50-54	\$3.10	\$4.68	\$3.29	\$4.88	50-54	\$5.17	\$7.79	\$5.36	\$7.98
55-59	\$3.90	\$5.89	\$4.10	\$6.08	55-59	\$6.57	\$9.89	\$6.76	\$10.08
60-64	\$4.62	\$6.97	\$4.82	\$7.17	60-64	\$7.82	\$11.77	\$8.01	\$11.96
65-69	\$4.06	\$7.63	\$5.25	\$7.82	65-69	\$8.60	\$12.93	\$8.79	\$13.13
70-74	\$5.86	\$8.83	\$6.06	\$9.03	70-74	\$10.01	\$15.06	\$10.21	\$15.25
75-79	\$5.86	\$8.83	\$6.06	\$9.03	75-79	\$10.01	\$15.06	\$10.21	\$15.25
80-84	\$5.86	\$8.83	\$6.06	\$9.03	80-84	\$10.01	\$15.06	\$10.21	\$15.25
85+	\$5.86	\$8.83	\$6.06	\$9.03	85 <b>+</b>	\$10.01	\$15.06	\$10.21	\$15.25

# Cost of Benefits (Con't.)

#### **Hospital Indemnity**

Donalds.	MetLife		
Benefit	Low Plan	High Plan	
Hospital Coverage (Accident)			
Admission	\$500 per accident (non-ICU) \$1,000 per accident (ICU)	\$1,000 per accident (non-ICU) \$2,000 per accident (ICU)	
Confinement	\$100 a day (non-ICU) - up to 31 days \$200 a day (non-ICU) - up to 31 days \$400 a day (ICU) - up to 31 days		
Hospital Coverage (Sickness)			
Admission Payable 1 x per calendar year	\$500 (non-ICU) \$1,000 (non-ICU) \$1,000 (ICU) \$2,000 (ICU)		
Confinement Paid per sickness	\$100 a day (non-ICU) - up to 31 days \$200 a day (non-ICU) - up to 3 \$400 a day (ICU) - up to 31 days		
Pre-existing Limitations	Yes Yes		
Other Benefits			
Health Screening (Wellness) Benefit provided if insured takes one of the covered screening/prevention tests	\$50 Payable 1 x per calendar year	\$50 Payable 1 x per calendar year	
Health Screening Benefit (Wellness)	\$75 (payable once per calendar year)	\$75 (payable once per calendar year)	
Rates per month	Low Plan	High Plan	
EE Only	\$14.68	\$26.82	
EE + Spouse	\$29.16	\$53.24	
EE + Children	\$23.97 \$43.55		
EE + Family	\$38.45 \$69.98		

Domestic Partner (DP) Contributions: Your contributions to cover a DP are the same as those to cover a legal spouse. However, because of Internal Revenue Code (IRC) restrictions, in most cases, the fair market value of your DP's or DP's children's (if they are not federal tax dependents) healthcare coverage will be taxable to you as imputed income. This value is determined by the amount that The Company pays in premium for DP coverage. This amount raises your taxable gross income. Also, the payroll deductions to cover an DP must be taken on an after-tax basis.

### **Contact Information**

Coverage	Carrier	Phone #	Website/Email
Medical	Kaiser	(833) 574-2273	www.kp.org
	Blue Shield of California	(855) 829-3566 Trio; (888) 256-1915 for HMO or PPO	www.blueshieldca.com
Voluntary Benefits	Metlife	(800) 438-6388	https://online.metlife.com/edge/ web/public/benefits/signOut
Dental	Delta Dental	(800) 422-4234 HMO, (800) 932-0783 PPO	www.deltadentalins.com
Vision	Eyemed	(866) 939-3633	www.eyemed.com
Flexible Spending Accounts (FSAs)	Cetera	(888) 926-0600, x58308	michelle.vargo@cetera.com
Life/AD&D	Hartford	(800) 523-2233	www.account.thehartford.com
Disability	Hartford	(800) 523-2233	www.account.thehartford.com
Employee Assistance Program (EAP)	Ability Assist by Compsych	(800) 96-HELPS	www.guidanceresources.com

### **Benefits Website**

For detailed information on all of Oxy's benefit and discount programs, please visit our website at **OXY.gobenefits.net**.

### **Questions?**

If you have additional questions, you may also contact: Health Champion Services at (800) 964-3577, option 1

Karen Salce at (323) 259-2945 | ksalce@oxy.edu

