Broccoli: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 90 seconds. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).

Carne Asada w/ Rice: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 1 minute. Turn carne asada over, stir the rice and microwave for 1 minute more. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).

Cheese Quesadilla: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 1 minute. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).

Chicken Quesadilla: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 1 minute, turn it over and microwave for 30 seconds more. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).

Grilled Asparagus: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 1 minute. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).

Grilled Chicken Breast w/ Rice: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 1 minute. Turn chicken breast over, stir the rice and microwave for 1 minute more. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).

Grilled Salmon w/ Rice: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 1 minute. Stir the rice and enjoy for 30 seconds more. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).

Grilled Zucchini: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 1 minute, turn it over and microwave for 1 minute more. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).

Homestyle: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 90 seconds, stir and microwave for 90 seconds more. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).

Pasta to Order: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 90 seconds, stir and microwave for 90 seconds more. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).

Personal Size Pizza: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 1 minute, 30 seconds. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).

Stir Fry to Order: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 90 seconds, stir and microwave for 90 seconds more. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).

Soup: Hi! If you're not planning to eat this delicious meal within 2 hours, please refrigerate it. To reheat: Microwave on high for 90 seconds, stir and microwave for 90 seconds more. Enjoy!

Important: Microwave ovens vary, so reheating times may need to be adjusted as necessary to ensure that food is heated through completely. For most foods, stirring or flipping at the halfway point helps ensure even reheating.

All freshly prepared food items must be consumed within **3 days** (ex. food picked up on Friday must be consumed or discarded no later than Monday).