

UEP 306 (FOOD AND THE ENVIRONMENT)

Course Topic: FOOD JUSTICE

Spring 2011

T/TH 5:00-6:25pm

Rangeview 244

Instructor: Alexa Delwiche

Office Hours: T/TH 6:30-8:00pm in classroom (or by appointment)

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COURSE OVERVIEW AND OBJECTIVES

Food issues are among the most contested and significant issues today. Debates about food include how and where it is grown, how it is processed and manufactured into food products, how it is accessed and where it is sold, how food is prepared, and what, where and how it is eaten, as well as the role of policy and politics in determining *who* experiences the costs and benefits of contemporary/industrial food systems. The nature of the food system – that is, the activities and relationships that constitute various food pathways from seed to table and that influence the how and why and what we eat – resides at the center of this debate.

This course critically examines the contemporary food system by looking at food production, distribution, consumption, and waste with a holistic perspective and developing a framework for understanding and addressing issues of food justice. We will examine who does and does not benefit from our global food system (which includes some of the most powerful corporations in the world) and the effects on our health, communities and our environment. We will also learn about an emerging food movement that challenges the dominant system, including groups for whom justice and equity are central concerns, and promotes the idea that another type of food system is possible. This course will thus use the concepts of a “food system” and of “food justice” as its organizing principles. We’ll look at different policies, programs, political struggles, and the social and economic and cultural forces that influence and shape the food system and that generate food justice activism.

Through the course, students will:

- Gain knowledge of today’s food system, including how food is produced, distributed, consumed, and disposed of and the nature of food system problems and their possible solutions.
- Develop analytic skills to make connections between the food system and economic development, community health, the environment, neighborhood and regional planning, labor, organizing and advocacy, and local, state and federal public policy.
- Identify *how and why* low-income communities of color are disproportionately affected by market and policy failures to produce and distribute healthy, safe food.
- Gain understanding of the current food landscape and policy debates in Los Angeles by talking with food justice activists, planners and policy.

- Examine the role of planners/practitioners/policy makers in either hindering or promoting food justice and critically evaluate efforts – including grassroots, policy, and planning attempts – to address food issues.
- Develop new strategies and action plans toward food justice.

COURSE STRUCTURE

The course will be organized around a set of readings, including, as a primary text, Bob Gottlieb and Anupama Joshi’s recently published book, *Food Justice*. We will establish five topic areas that will correspond to the readings. These areas include:

1. Growing and Producing Food
2. Accessing Food
3. Where, What and How We Eat
4. Food Politics
5. Food Globalization

The course will also address current and emerging food system issues and policy debates by inviting guest speakers from the front lines of the food justice and food system activism and policymaking in Los Angeles and across the nation.

REQUIREMENTS AND GRADING

Grades will be based on the following:

1. PARTICIPATION – 40% of grade

A. Reaction memo to readings/class participation (15% of grade)

Students are expected to attend all class discussions, come to class having read the material, participate in class discussions, and complete all assignments and class exercises. Class discussions will evolve around your insights from the readings and other aspects of the class.

Completing the assigned reading prior to class is essential to class participation. We will adjust the reading level throughout the semester if it’s too heavy. Short half-page to (no longer than) full-page reactions to the readings will help identify what questions and issues should be addressed for the seminar discussions. Memos will be due (via e-mail) prior to class as noted in the schedule and readings.

B. “This Week in Food” (10% of grade)

Once a week, class will begin with a review of “This Week in Food”. Students should comb at least one daily source of news, such as the *LA Times* or *New York Times*, for food-related news and bring an article to contribute at the beginning of class.

C. Group Presentations (15% of grade)

Students will be asked to form into groups of approximately four students each around the five topic areas. Groups will be formed on the second day of class, Thursday, January 20th. Each group will be responsible for a presentation and class discussion in their area, as noted in the schedule and readings.

Groups are encouraged to think outside the box and develop an interactive, imaginative session that both captures the issues and themes identified in the reading and maximizes class involvement. Everyone in the group will get the same grade based on: clarity and organization, understanding of material, and ability to engage the class.

2. ESSAYS – 25% of grade

Students will write three short, 2-3 page essays on the different topic areas covered in the readings and class. Students are not responsible for the essay on the topic for which they are presenting. In addition, students may choose to opt out of writing one additional topical essay or you may choose to write four and one will count as extra credit. Written assignments should be emailed to me before the beginning of class on the due date.

Essay #1: Growing and Producing Food

Due Thursday, February 10th at the beginning of class.

Write a 2-3-page essay on issues related to the food production sessions, drawing from the ideas generated by the readings and the class sessions, and citing at least three of the assigned readings.

Essay #2: Accessing Food

Due Thursday, March 3rd at the beginning of class.

Write a 2-3-page essay on issues related to the food access sessions, drawing from the ideas generated by the readings and the class sessions, and citing at least three of the assigned readings.

Essay #3: Where, What and How We Eat

Due Thursday, March 22nd at the beginning of class.

Write a 2-3-page essay on issues related to the food consumption sessions, drawing from the ideas generated by the readings and the class sessions, and citing at least three of the assigned readings.

Essay #4: Food Politics

Due Thursday, April 7th at the beginning of class.

Write a 2-3-page essay on issues related to the food politics sessions, drawing from the ideas generated by the readings and the class sessions, and citing at least three of the assigned readings.

Essay #5: Food Globalization

Due Thursday, April 21st at the beginning of class.

Write a 2-3-page essay on issues related to the food globalization sessions, drawing from the ideas generated by the readings and the class sessions, and citing at least three of the assigned readings.

3. RESEARCH PAPER – 35% of grade

Topic proposals due to me by Tuesday, February 15

Paper outline due Tuesday, March 17th

Paper due by Thursday, May 5th by midnight

The paper will cover a specific food justice issue of your choice. The purpose of your final paper is to conduct deeper research on a topic that addresses and expands on one of the broad topic areas and themes discussed in the readings and class. The paper can also explore a current food justice issue/debate that was not identified throughout this course.

Papers should be between 10-12 pages. Papers should identify the problem and its relationship to our current food system, provide some historical perspective, and describe its relevance to us. Papers may also recommend policy or programmatic changes or recommend new strategies for improving or expanding food justice campaigns. The paper should incorporate key themes and discussion points from our course and use a variety of outside sources (books, journal articles, research briefs, etc.). Make sure to include a bibliography that lists all of your resources.

Grading. You will receive a letter grade based on the following:

- Completion of assignment
- Depth of analysis (rather than simply a description of facts and history)
- Critical thinking with clear arguments to support your assertions
- Integration of course lectures, discussions, readings, and films
- Overall organization and structure of the paper.

CLASS SCHEDULE (tentative)

WEEK 1: Introduction

Tuesday, January 18: Overview of the Food System and Food Justice

- Defining our food system and associated problems
- Defining food justice

Thursday, January 20: Big Ag and the Industrial Food System

- History of the agricultural revolution, decline of the family farm, use of monocropping, petrochemicals, biotechnology, retail power
- Introduce Contemporary Food Issues: Sustainability, Worker's Rights, Equal Access, Globalized Food System, Food Safety.

***Week 1 Assignments due: None**

SECTION 1: Growing and Producing Food

WEEK 2- Tuesday, January 25 and Thursday, January 27: Food Chain Workers and Immigration

- Agricultural workers and their struggles
- Farm worker movements
- Food chain workers
- Immigration

Week 2 Assignment due: *Response to readings due Tuesday, January 25 by 8am

Guest Speaker: *Joann Lo, Tuesday January 25th (confirmed)*

WEEK 3- Tuesday, February 1 and February 3: Sustainability: The Environment, Food Security, and Climate Change

- Agriculture, food systems and the climate change connection
- Genetic Engineering
- Food Safety
- Water, air, and soil pollution

Week 3 Assignment due: *Response to readings due Tuesday, February 1 by 8am

Guest Speaker: *Bob Gottlieb, Tuesday, February 1 (confirmed)*

Note: I will be out of town from January 30-February 4th. Professor Gottlieb will guest lecture on Tuesday, February 1st and we will discuss on the first day of class if students would prefer to reschedule Thursday's class or invite

WEEK 4- Tuesday, February 8 and Thursday, February 10: Reinventing Farming

- Local versus Global Food Systems
- Sustainable agriculture, public health, and economic development connections
- Urban farming/immigrant farmers/veteran farmers
- Scaling up the local food system: Regional Food Hubs

***Week 4 Assignment due:**

1. *1st short essay due Thursday, February 10th in class*
2. *1st group presentation, Thursday, February 10th*

Guest Speaker: *David Weinstein, Tuesday, February 8 (confirmed)*

SECTION 2: Accessing Food

Week 5- Tuesday, February 15: Food Access, Consumption and Health

- Health disparities and race
- Grocery gaps (stores and food quality)
- Food deserts and food swamps

Week 5- Thursday, February 17: Food Access & Land Use Planning

- Fast Food Moratorium
- Community plans and community engagement
- Healthy Food Financing Initiative
- Market Opportunities Program
- Corner store conversions

***Week 5 Assignments due:**

1. *Project Proposals due Tuesday, February 15th in class*
2. *Response to readings due Tuesday, February 15th at 8am*

Guest Speakers:

- *Mary Lee, Tuesday February 15 (confirmed)*

Week 6- Tuesday, February 22: Food Access & Transportation

- South LA Cal Trans Food Access and Transportation Planning Project
- Healthy Mobile Vending Options

Week 6- Thursday, February 24: Food Access & Farm to School/Institution

- Farm to School Programs: Better food for kids and new markets for farmers

Week 6 Assignments due: *Response to readings due Tuesday, February 22 at 8am

Week 7- Tuesday, March 1 and Thursday, March 3: Urban Food Systems Planning, Urban Agriculture, and Community Economic Development

- Urban agriculture/Community Gardens
- Homegrown solutions
- Farmers Markets
- CSA's
- Community Food Assessments

***Week 7 Assignments due:**

1. *2nd short essay due Thursday, March 3rd in class*
2. *2nd group presentation, Thursday, March 3rd*

WEEK 8- Tuesday, March 8 and Thursday, March 10- SPRING BREAK!!!

SECTION 3: Where, What and How We Eat

Week 9- Tuesday, March 15 and Thursday, March 17: The Morphing of the Modern Diet and Influences on our Food Choices

- Affordability: Poverty and obesity paradox
- Food & cultural identity
- Societal transformation and erosion of the family meal
- Food marketing and food choice

***Week 9 Assignments due:**

1. *Response to readings due Tuesday, March 15th at 8am*
2. *Research paper outline due Tuesday, March 17th in class*

Week 10- Tuesday, March 22 and Thursday, March 24: Food Movements, Race and Class: Bridging the Divide

- Ethical eating: Local food, slow food, fair trade, organic
- Community self determination
- Linking low-income consumers to “good food”

***Week 10 Assignments due:**

1. *3rd short essay due Thursday, March 22nd in class*
2. *3rd group presentation, Thursday, March 22nd*

SECTION 4: Food Politics

Week 11- Tuesday, March 29 and Thursday, March 31: Local, State and Federal Politics vs. Policy

- Federal agricultural policies and public health
- Local Response to Inaction: Food Policy Councils and Foodshed Planning

Week 11 Assignments due: *Response to readings due Tuesday, March 29 at 8am

Week 12- Tuesday, April 5 and Thursday, April 7: Schools and Nutrition: Where Food and Politics Collide

- School Food
- School Food revolution

***Week 12 Assignments due:**

1. *4th short essay due Thursday, April 7th in class*
2. *4th Group presentation due Thursday, April 7th*

SECTION 5: Our Global Food System

Week 13- Tuesday, April 12 and Thursday, April 14: Food Globalization

- Hunger in a World of Plenty
- Globesity
- International Trade Agreements

Week 13: Assignments due: *Response to readings due Tuesday, April 12th at 8am

Week 14- Tuesday, April 19 and Thursday, April 21: Food Rebellions and the Movement for Food Sovereignty

- Food Sovereignty
- Agrarian movements

- Transnational organizing

***Week 14 Assignments due:**

1. *5th short essay due Thursday, April 21st in class*
2. *5th group presentation, Thursday, April 21st*

Week 15: Tuesday, April 26 and Thursday, April 28: Class Presentations

***Final paper due, Thursday, May 5th**

COURSE READINGS (tentative)

Please make sure to check the syllabus each week, as I will adjust/revise readings periodically based on student feedback.

Week 1

- **Overview Text:** Robert Gottlieb and Anupama Joshi. (2010) *Food Justice: Transforming the Food System*. (Introduction, pp1-9)
- Patel, Raj. (2008). *Stuffed and Starved*. (Introduction, pp 1-19)
- Pollan, Michael. (2007) *Omnivore's Dilemma* (Chapter 2: The Farm)
- Diamond, Jared. (1987). "The Worst Mistake in the History of the Human Race". *Discover Magazine*. (pp 91-93)

News Articles:

- Nicolette Hahn Niman, (January 9, 2011). "America's Good Food Fight". *Los Angeles Times*. <http://articles.latimes.com/2011/jan/09/opinion/la-oe-niman-food-20110109>

Optional:

- Patel, Raj. (2009). *The Value of Nothing*. (Chapter 3: The Corporation)
- The Los Angeles Food Policy Task Force. (2010). *The Good Food for All Agenda*. (Executive Summary, pp. 1-38—lots of pictures)

Week 2 : Workers and Immigration

- **Overview Text:** Robert Gottlieb and Anupama Joshi. (2010) *Food Justice: Transforming the Food System*. (Chapter 1: "Growing and Producing Food" and Chapter 6—"New Growing Production Strategies").
- Rodriguez, A., Delwiche, A., and Kaoosji, S. "Cheap Food: Workers Pay the Price" in *Food Inc.* (Chapter 7, pp 123-141).
- Eric Holt-Gimenez, Zoe Brent, Annie Shattuck. (Summer 2010). "Food Workers - Food Justice: Linking food, labor and immigrant rights." *Food First*. Pp 1-3.
- Institute for Agriculture and Trade Policy (2007). "A Fair Farm Bill and Immigration". Pp 3-7.

News Articles/Videos:

- Kaufman, Greg. “The Wall Comes Tumbling Down”. (October 18, 2010). *The Nation*. <http://www.thenation.com/blog/155437/wall-comes-tumbling-down>
- Food Chain Workers Alliance Site: <http://foodchainworkers.org/>

Optional

- Schlosser, Eric. (1995). “In the Strawberry Fields”. *Atlantic Monthly*. Volume 276: No. 5. Pp 1-22.
- Human Rights Watch. (2005). Blood, Sweat, and Fear: Workers’ Rights in the U.S. Meat and Poultry Plants. (Chapter VII. Immigrant Workers in the Meat & Poultry Industry).
- Anton, Mike. (2009). “In the Coachella Valley, Hope Withers on the Vine”. *LA Times*. <http://articles.latimes.com/2009/jun/23/local/me-grapes23/3>
- CIW Site: ciw-online.org/

Week 3: Sustainability: The Environment, Food Security, and Climate Change

- Shiva, Vandana. **Chapter 4.** *Soil Not Oil*.
- Lappe, Anna Moore. “The Climate Crisis at the End of Your Fork”, in *Food Inc.* (Chapter 6, pp. 105-117)
- Community Food Security Coalition International Links Committee. (December 2007). "Fueling Disaster: a Community Food Perspective on Agrofuels."

News Articles:

- Check out Food and Water Watch’s factory farm map: <http://www.factoryfarmmap.org/>
- Sahagun, Louis. (January 27, 2010). “EPA to investigate cluster of birth defects in Kettleman City, Calif”. *Los Angeles Times*. <http://articles.latimes.com/2010/jan/27/local/la-me-toxic27-2010jan27>
- Sahagun, Louis. (November 23, 2010). “Toxic waste dump ruled out as cause of Kettleman City birth defects”. *Los Angeles Times*. latimes.com/news/local/la-me-kettleman-defects-20101123,0,504828.story
- Pollan, Michael. (October 15, 2006). ”The Vegetable Industrial Complex”. *New York Times*. <http://michaelpollan.com/articles-archive/the-vegetable-industrial-complex/>
- Harris, Gardiner and Neuman, William. (November 30, 2010). “Senate Passes Sweeping Law on Food Safety”. *New York Times*. http://www.nytimes.com/2010/12/01/health/policy/01food.html?_r=2

Optional

- Institute for Agriculture and Trade Policy. (2000). "Trade, Agriculture, and Climate Change: How Agricultural Trade Policies Fuel Climate Change." by the Institute for Agriculture and Trade Policy, pp. 1-13.
- Tankersley, Jim. (February 4, 2010). "Obama kicks biofuel strategy into higher gear". *Los Angeles Times*. <http://articles.latimes.com/2010/feb/03/nation/la-na-obama-biofuel4-2010feb04>
- Manning, Richard. (February 2004). "The oil we eat: Following the food chain back to Iraq" in *Harpers Magazine*, pp. 37-45.
- L. B. DeLind, P. H. Howard. (2007). "Safe At Any Scale: Food Scares, Food Regulation, and Scaled Alternatives". *Agriculture and Human Values*.
- Lotke, Eric. (July 20, 2008). "Downsized to Death". *Los Angeles Times*. <http://articles.latimes.com/2008/jul/20/opinion/op-lotke20>

Week 4: Reinventing Farming

- Gibler, John. (December 2010). "Lost in the Valley of Excess: California's Wealthiest Growers, Poorest Workers, and the Water Between Them...". *Earth Island Journal*.
http://www.earthisland.org/journal/index.php/eij/article/lost_in_the_valley_of_excess/
- Fred Kirschemann et al. (2005). "Why Worry About Agriculture in the Middle" in *Food and the Mid-Level Farm: Renewing an Agriculture of the Middle*, edited by Thomas A. Lyson, G.W. Stevenson, and Rick Welsh, pp. 3-22.
- Hamm, Michael W. "Linking sustainable agriculture and public health: Opportunities for realizing multiple goals". *Journal of Hunger and Environmental Nutrition*.
- Rogers, Heather. (July/August 2010). "The Local Food Movement Doesn't Have a Chance: Slowed Food Revolution". *The American Prospect*, pp 12-16.

News Articles:

- Mas Masumoto, David. (1996). *Epitaph for a Peach: Four Seasons on My Family Farm*. Harper Collins. (Prologue, pp. x-xii) and "Peach Farming: Risk, Worry, and Obsession", *Los Angeles Times*.
<http://articles.latimes.com/2009/may/20/food/fo-masumoto20>
- Environmental Working Group. (May 2010). "Press release: California's Skewed Farm Subsidy Priorities", <http://www.ewg.org/agmag/2010/05/californias-skewed-farm-subsidy-priorities/>

- Weise, Elizabeth (July 13, 2009). “On Tiny Plots, a New Generation of Farmers Emerge”. *USA Today*. http://www.usatoday.com/news/nation/environment/2009-07-13-young-farmers_N.htm

Optional Reading:

- Hamerschlag, Kari. (May 2010). “Farm Subsidies in California: Skewed Priorities and Gross Inequities”. Environmental Working Group.
- Martin, Andrew. (February 8, 2009). “Farm Living Subsidized by a Job Elsewhere”. *New York Times*.
<http://www.nytimes.com/2009/02/08/business/08feed.html>

Week 5: Food Access, Consumption, Health & Land Use Planning

- **Overview Text:** Robert Gottlieb and Anupama Joshi. (2010) *Food Justice: Transforming the Food System*. (Chapter 2 “Access to Food and Chapter 7 “New Points of Access”).
- Patel, Raj. (2007) *Stuffed and Starved: The Hidden Battle for the World Food System*. (Chapter 8).
- Bassford, Nicky et al. (July 2010). “Food Desert to Food Oasis: Promoting Grocery Store Development in South Los Angeles”. Community Health Councils.
- PolicyLink. (June 2010). “A Healthy Food Financing Initiative: An Innovative Approach to Improve Health and Spark Economic Development”, pp. 1-2.
- Check out the USDA Food Environment Atlas:
<http://www.ers.usda.gov/foodatlas/>

Optional Reading:

- Shaffer, Amanda. (2002). “The Persistence of LA’s Grocery Gap”. Urban & Environmental Policy Institute (pp. 13-59).
- Community Health Councils. *Does Race Define What’s In the Shopping Cart?*

Week 6: Food Access & Transportation

- Vallianatos, Shaffer, and Gottlieb. (2002). *Transportation and Food: The Importance of Access*. Urban & Environmental Policy Institute.

News Articles:

- Collins, Glen. (July 2009). “Customers Prove There’s a Market for Fresh Produce”. *New York Times*.
<http://www.nytimes.com/2009/06/11/nyregion/11carts.html>

Week 6: Food Access & Farm to School/Institution

- Anupama Joshi, Marion Kalb and Moira Beery. (2007). *Going Local: Paths to Success for Farm to School Programs*. Urban & Environmental Policy Institute.
- Zajfen, Vanessa. (2008). “Fresh Food Distribution Models for the Greater Los Angeles Region”. Urban & Environmental Policy Institute, Occidental College, pp. 3-22.

News Articles:

- Heron, Katrina. (September 21, 2010). “Doctor’s Orders: Eat Well to Be Well”. *New York Times*.
http://www.nytimes.com/2010/09/22/dining/22doctors.html?_r=1

Optional Reading:

- Harvie, Jamie, Mikkelsen, Leslie and Shak, Linda (2009) 'A New Health Care Prevention Agenda: Sustainable Food Procurement and Agricultural Policy', *Journal of Hunger & Environmental Nutrition*, 4: 3, pp. 409 — 429
- (pp 1-8).

Week 7: Urban Food Systems Planning, Urban Agriculture, and Community Economic Development

- Winne, Mark. “Community Food Security: Promoting Food Security and Building Healthy Food Systems”.

News Articles/Videos:

- **Watch:** “Detroit Urban Agriculture Movement Looks to Reclaim Motor City” on Democracy Now (June 24, 2010). 7 minutes. Available at:
http://www.democracynow.org/2010/6/24/detroit_urban_agriculture_movement_looks_to
- Lappe, Frances Moore. (2009). “The City that Ended Hunger”. *Yes Magazine*.
<http://www.yesmagazine.org/issues/food-for-everyone/the-city-that-ended-hunger>
- Kummer, Corby. (2008). A Papaya Grows in Holyoke. *The Atlantic*.
<http://www.theatlantic.com/magazine/archive/2008/04/a-papaya-grows-in-holyoke/6702/>
- Royte, Elizabeth. (2009) Street Farmer. *New York Times*.
<http://www.nytimes.com/2009/07/05/magazine/05allen-t.html>
- Burton, Brook. “South Central Farmers: New Life with a Ceremony, a Festival + Water”. *LA Weekly*.
http://blogs.laweekly.com/squidink/2010/06/south_central_farmers_celebrat.php

- Gold, Jonathan. (2010). “A Farm To Table Revolution”. *Saveur Magazine*. <http://www.saveur.com/article/Travels/A-Farm-To-Table-Revolution>

Week 9: The Morphing of the Modern Diet and Influences on Food Choice

- **Overview Text:** *Food Justice* (Chapter 3 “Consuming Food”).
- Brownell, Kelly and Warner, Kenneth. (2009). “The Perils of Ignoring History: Big Tobacco Played Dirty and Millions Died. How Similar Is Big Food?”. *The Millbank Quarterly*. Vol. 87, No. 1, pp. 259-294.
- Brownell, K.D., & Frieden, T.R. (2009). Ounces of prevention: The public policy case for taxes on sugared beverages. *New England Journal of Medicine*, 360, 1805-1808.

News:

- **Listen to:** “Child hunger: Nutritious Food Hard to Afford” on National Public Radio. (2010) Available at: <http://www.npr.org/templates/story/story.php?storyId=128671673>
- Michael Pollan. (August 2, 2009). “Out of the Kitchen and on to the Couch”. *New York Times Magazine*. <http://www.nytimes.com/2009/08/02/magazine/02cooking-t.html>
- Brownell, Kelly. (November 8, 2010). “Are Children Prey to Fast Food Companies”. *The Atlantic*. <http://www.theatlantic.com/food/archive/2010/11/are-children-prey-for-fast-food-companies/66237/>
- Fisher, Andy. (October 8, 2010). “Banning Soda for Food Stamps’ Recipients Raises Tough Questions”. *Civileats*. <http://civileats.com/2010/10/08/banning-soda-for-food-stamps-raises-tough-questions/>
- Check out Yale Rudd Center for Food Policy and Obesity’s new website on the fast food marketing and childhood obesity: <http://www.fastfoodmarketing.org/>

Optional:

- Trubek, Amy and Bowen, Sarah. (July 2008). “Recreating the Taste of Place, Can We Learn from the French?” *GeoJournal*, pp. 23-30.
- Smith, Daniel Bowman. (November 30, 2010). “Soda, Surplus, and Food Stamps: A Short History”. *Huffington Post*. http://www.huffingtonpost.com/daniel-bowman-simon/post_1347_b_789547.html

- Wallace, David Foster. (August 2004). “Consider the Lobster”. *Gourmet*.
http://www.gourmet.com/magazine/2000s/2004/08/consider_the_lobster

Week 10: Food Movements, Race and Class: Bridging the Divide

- **Overview Text:** *Food Justice* (Chapter 8 “Transforming the Food Experience”)
- Guthman, Julie. (2008). “Bringing Good Food to Others: Investigating the Subjects of Alternative Food Practice”. *Cultural Geographies*, pp. 431-447.
- Sandy Brown. “Class Politics and Agricultural Exceptionalism in California’s Organic Agriculture Movement.”

News:

- **Listen to:** “Brahm Ahmadi Tackles Food Inequity And Brings Oakland People's Grocery”, on *Sundance Channel*.
http://www.sundancechannel.com/thegoodfight/projects/brahm_ahmadi?video=230319857
- Miller, Lisa. (November 22, 2010). “Divided We Eat”. *Newsweek*.
<http://www.newsweek.com/2010/11/22/what-food-says-about-class-in-america.html>
- Gold, Jonathan. (December 27, 2009). “The Year in Food: Changing Tastes”. *Los Angeles Times*. <http://articles.latimes.com/2009/dec/27/opinion/la-oe-gold27-2009dec27>
- Muhlke, Christine. (October 8, 2010). “The Way We Live Now: Growing Together”. *New York Times Magazine*.
http://www.nytimes.com/2010/10/10/magazine/10FOB-WWLN-t.html?_r=1&ref=magazine

Optional:

- DuPuis, Melanie. “Not In My Body: rBGH And The Rise Of Organic Milk”
- Guthman, Julie. (2003). “Fast Food/Organic Food: Reflexive Tastes and the Making of ‘Yuppie Chow’”. *Social & Cultural Geography*. Vol. 4, No. 1, pp. 45-58.
- DeLind, Laura. (January 2010). “Are Local Food and the Local Food Movement Taking Us Where We Want to Go? Or Are We Hitching Our Wagons to the Wrong Stars”. *Journal Of Agriculture and Human Values*.

Week 11: Food Politics: Local, State, and National Policy

- *Food Justice* (Chapter 4 “Food Politics” and Chapter 9 “A New Food Politics”).
- Jackson, Richard J et al. (2009). 'Agriculture Policy Is Health Policy', *Journal of Hunger & Environmental Nutrition*, 4: 3, pp. 393 — 408.
- Harper, Alethea et al. (2009). “Food Policy Councils: Lessons Learned”. Food First. (*Executive Summary*)
- Los Angeles Food Policy Task Force. (July 2010). “The Good Food for All Agenda”. (*skim*)

Optional Reading:

- Institute for Agriculture and Trade Policy, “Beyond the USDA”.

Week 12: Schools and Nutrition: Where Health and Politics Collide

- Poppendieck, Janet. (2010). “Free for All: Fixing School Food in America” (reading TBD)
- Institute of Medicine. (2007). Executive Summary from *Nutrition Standards for Foods in Schools: Leading the Way Towards Healthier Youth*. Washington, DC: National Academies Press. Read pages 1-15.
http://books.nap.edu/openbook.php?record_id=11899&page=1
- The White House. (2011). Let’s Move Campaign. Available at: <http://www.letsmove.gov/>. Read the basic parts of the effort and watch at least one video of Michelle Obama speaking.
- Center for Ecoliteracy. *Rethinking School Lunch Guide*. pp: 3-4; 69-73 (Financing). 129-155 (Procurement and Waste Management).

News Articles/Video:

- Eschemeyer, Debra. (November 22, 2010). “Stick a Fork in It: Pass the Child Nutrition Act”. *Huffington Post*. http://www.huffingtonpost.com/debra-eschmeyer/healthy-hunger-free-kids-act-congress_b_786788.html
- Anderson, Nick. (December 3, 2010). “House Sends Bill on Child Nutrition and Free Lunch to President”. *Washington Post*. <http://www.washingtonpost.com/wp-dyn/content/article/2010/12/02/AR2010120206016.html>
- **Watch:** Oliver, J. (2010). TED Prize speech. Available at: <http://www.tedprize.org/jamie-oliver/>. Click on “Watch the Talk”

Week 13: Our Global Food System

- **Overview Text:** *Food Justice* (Chapter 5, “The Food System Goes Global”).

- Holt-Giménez and Patel. *Chapters 1, 2, & 3. Food Rebellions: Crisis and the Hunger for Justice*. (2009).

News Articles:

- Vidal, John. (March 7, 2010). “How Food and Water are Driving a 21st-century African Land Grab”. *The Guardian*.
<http://www.guardian.co.uk/environment/2010/mar/07/food-water-africa-land-grab>

Week 14: Food Rebellions and the Movement for Food Sovereignty

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